the **conversation** project virtual senior seminar

Heath Village is proud to host a virtual senior seminar "Conversation of Your Life" event with Aging Life Care Professional® and COO of NightingaleNJ, LLC, Christopher Kellogg, MSW, LSW.

> NIGHTINGALENJ ELDERCARE NAVIGATORS

The Conversation Project is an initiative of the Institute for Healthcare Improvement, a not-for-profit organization that is a leader in health and health care improvement worldwide.

Everyone should have "The Talk", or the "Conversation of your Life", also known as Advanced Care Planning. Advanced Care Planning consists of sharing preferences of your end-of-life care with your loved ones and your doctors. It's not enough to be able to say "they know what I want when that time happens", it needs to be written down so in case you're unable to speak for yourself, the healthcare treatment you receive is consistent with what you want.

By having these emotionally taxing decisions made clear so that your hopes, wishes, and expectations can be met, you will have peace of mind. The hidden gift is also that your loved ones will know they have made sure that they honored your wishes and guaranteed that your voice was heard, thus ensuring their own future peace of mind.

Chris has been a passionate advocate for seniors throughout his more than 20 years in long term and

Chris has been a passionate advocate for seniors throughout his more than 20 years in long term and subacute care. He prides himself on forging through obstacles to support his clients' wishes, collaborating with providers throughout the community to create

seamless transitions and ensure continuity of care. Chris earned BA degrees in Psychology and Sociology from West Virginia Wesleyan College and earned his MSW from Boston University.

Upon registration, guests will receive an email with a Zoom link to join the virtual seminar.

RSVP is required. To register, please call 908.684.5009.

Helping people share their wishes for care through the end of life.

Thursday
February 8th
11:00 am

via Zoom



430 Schooley's Mountain Road Hackettstown, NJ 07840

> P - 908-852-4801 F - 908 -852-3748