

Week 1	SUNDAY August 16, 2026	MONDAY August 17, 2026	TUESDAY August 18, 2026	WEDNESDAY August 19, 2026	THURSDAY August 20, 2026	FRIDAY August 21, 2026	SATURDAY August 22, 2026
Breakfast	Oatmeal Assorted Cold Cereal Cheese Omelet Bacon or Sausage Muffin Scone	Oatmeal Assorted Cold Cereal Scrambled Eggs Bacon or Sausage Muffin Cinnamon Buns	Oatmeal Assorted Cold Cereal Hard Boiled Eggs Bacon or Sausage Muffin Danish	Oatmeal Assorted Cold Cereal Waffles with Syrup Bacon or Sausage Muffin Donuts	Oatmeal Assorted Cold Cereal Pancakes with Syrup Bacon or Sausage Muffin Pound Cake	Oatmeal Assorted Cold Cereal French Toast with Syrup Bacon or Sausage Muffin Mini Bagels	Oatmeal Assorted Cold Cereal on a Croissant Bacon or Sausage Muffin Coffee Cake
Lunch	Cream of Mushroom Soup Spring Mix with Balsamic Grilled Mahi Mahi Chicken Pot Pie Wild Rice Fresh Grilled Asparagus Vegetable Blend Italian & Parmesan Buttermilk Biscuit Blueberry Cobbler	Chicken Vegetable Soup Garden Salad Cheese Manicotti Turkey Reuben Melt French Fries Three Bean Salad California Mixed Vegetables Dinner Roll Chocolate Cream Pie	Cream of Spinach Soup Garden Salad with Cherry Tomato Crispy Country Chicken Tenders Basil Bruschetta Burger Roasted Potato Wedges Zucchini and Yellow Squash Country Coleslaw Herb Breadstick Lattice Apple Pie	Italian Wedding Soup Mixed Green Salad Cheddar and Chili Hot Dog Honey Ginger Chicken Stir Fry Jasmine Rice Tater Tots Steamed Baby Carrots Dinner Roll Cherry Turnover	Carrot & Ginger Soup Caesar Salad Sloppy Joe Chicken Marsala Couscous Primavera Capri Mixed Vegetables Corn on the Cob Herb Baguette Milkshake	Cream of Potato Soup Tossed Garden Salad Fish and Chips Italian Meatloaf Garlic Mashed Potatoes Steamed Vegetable Medley Calico Cole Slaw Dinner Roll Chocolate Almond Ganache Cake	Tomato Bisque Garden Tomato Salad Beef Brisket Loaded Baked Potato Baked Salmon Cake with Tartar Sauce and Lemon Rice Pilaf Sauteed Mushrooms Steamed Baby Carrots Dinner Roll Caramel Macchiato Cake
Dinner	Stuffed Pepper Soup Tomato Mozzarella Salad Open Faced Pot Roast Quiche Lorraine Mashed Sweet Potato Steamed Peas Carrot Raisin Salad Sweet Knot Roll Cappuccino Fudge Brownie	Potato Leek Soup Greek Side Salad Broccoli and Cheese Stuffed Chicken Veal Paprikash over Egg Noodles Mashed Potato Citrus Basil Vegetables Succotash Crostini Lemon Meringue Pie	Beef Barley Soup Deviled Eggs Spaghetti and Meatballs Lemon and Thyme Roasted Turkey Breast Baked Sweet Potato Wedges Herb Stuffing Cauliflower Roasted Brussels Sprouts Garlic Bread Pound Cake with Strawberry Topping	Mexican Vegetable Soup Franks in a Blanket with Honey Mustard Seafood Newburg over Puff Pastry Square Southwest Flank Steak Baked Potato Steamed Green Beans Sauteed Spinach Italian Bread Key Lime Pie	Turkey Vegetable Soup Cucumber Salad Dijon Herb Pork Tenderloin Stuffed Flounder Florentine AuGratin Potatoes White Rice Fresh Broccoli Roasted Beets Focaccia Bread Tiramisu	Pasta Fagioli Stuffed Mushrooms Spinach and Cheese Stuffed Shells Kielbasa, Pierogies, and Onions Garlic Roasted Green Beans Peas & Carrots Cornbread Vanilla Caramel Flan	Homestyle Chicken Noodle Soup Mozzarella Sticks Beef Stroganoff Herb Roasted Chicken Thigh Egg Noodles Mashed Potatoes Steamed Peas Spaghetti Squash Garlic Bread Root Beer Floats