



Heath Village is a mission-driven organization with deep roots in our community. The services we provide are fundamental to the lives of the people we serve and their families. The health and well-being of our residents and our employees is paramount.

Since the outbreak of the Coronavirus (COVID-19), Heath Village has made it a priority to be as forthcoming and transparent as possible about the impact this pandemic is having on our community.

Mary Ellen Bove, Chief Operating Officer, has been sending frequent updates to Heath Village residents, their family members, and staff. Below is a timeline and overview of these efforts. As always, we encourage anyone with questions or concerns about Heath Village's on-going response to the Coronavirus to contact Heath Village directly at 908-852-4801.

March 3: Information on the Coronavirus from the CDC along with tips for how to stop the spread of germs were posted and distributed to residents.

March 11-13: Residents, families and staff all received updates on new screening requirements for staff, vendors and visitors which includes having their temperature taken. It also strongly discouraged visits to the Health Care Center (HCC)* and Mayflower House (MFH)*. Increased infection control measures, including re-educating staff, were outlined and it was announced that all our independent resident (IL)* trips outside the community have been cancelled.

March 16: A letter to all residents, family members, visitors and staff was distributed announcing several steps that are being taken in response to the ramping up of the Coronavirus in our area. The letter discussed the following: 1) The closing of the HCC and MFH to all but staff and other safety precautions being implemented in these areas 2) The closing of Heath House (HH)* to all but essential personnel and HH residents 3) Changes in Dining to meet the recommended requirements for social distancing. 4) The cancellation of all regularly scheduled activities and changes in services throughout the community, specifically those relating to our IL residents. 5) The availability of free shopping and delivery of groceries, medications and meal delivery from the Café and Paddy's Pub for IL residents.

March 18 An update was provided which discussed changes made in the HCC to further protect residents and staff. It also further clarified dining procedures for IL and HH residents.

March 20 An email specifically to HCC/MFH family members and friends was distributed which informed them of recent steps taken in the HCC to protect residents and staff. It also shared new NJ Department of Health (NJDOH) recommendations about preventing residents from being in proximity with one another and the steps Heath Village is taking to meet this recommendation while being mindful of the impacts of social isolation. New activities and special treats have been arranged for residents. Families were also encouraged to schedule a Face time/Skype visit with their loved ones.

March 25 A letter to IL residents was hand delivered along with a special treat from the Philadelphia Pretzel Factory reminding them against any social gatherings and the importance of social distancing. It also included information on the Coronavirus, signs and symptoms and precautions they should take to remain safe and healthy. Residents were also encouraged to take advantage of the free shopping and delivery service being provided by staff.

March 30-April 3 Following a conference call with Atlantic Health System during which they made it clear that they expect to exceed hospital capacity and urged all senior living communities to be prepared to accept and care for COVID-19 positive patients, Heath Village shared its updated plan for treating such patients and the preparations they have made to protect residents and staff. Specific infection control procedures being implemented under the direction of our infectious disease specialist were shared. The update also included information that we have one employee who tested positive and one IL resident who was in our sub-acute unit who tested positive. She is currently in the hospital but will be returning to Heath Village where she will be quarantined in our subacute unit which has been repurposed solely for positive residents/patients. HCC families received steps for scheduling a Facetime/Skype session with a loved one. IL residents were provided with a summary of FAQ about the virus and instructions as to what to do if they begin to feel sick. They received apple slices as a pick-me-up with their update as a reminder to take care to eat healthy.

April 6 A letter was distributed providing the entire Heath Village family with updated information about the impacts of the Coronavirus and the steps being taken to help contain it. It included the sad news about the first passing of a resident in the HCC from COVID-19. It also shared an update on our available personal protective equipment (PPE) and enhanced safety measures that have been implemented to protect residents and staff, including all employees (campus wide) wearing masks.

April 8-9 Residents, family and staff received an update on the status of employees and patients who have tested positive. It also included the good news that two positive patients returned home yet, sadly, also included an explanation about the recent passing of three HCC residents; one was on Hospice who declined and passed away; a second passed away following exposure to someone who tested positive; a third was a short-term patient who tested negative for COVID19. IL residents received a mask with their update and were encouraged to walk outside, when possible, with the reminder to practice social distancing. They were also reminded to take advantage of the grocery shopping service being offered. HCC/MFH families were updated on changes in procedures to further protect staff and residents.

April 14-16 Information was distributed to residents, families, and staff. In it was the good news that there have been no reported cases within IL, HH, or MFH and that staff members who tested positive have recovered and been cleared to return to work. At the same time, it included an update that we currently have 11 residents/patients who have tested positive in the HCC. New infection control procedures were discussed that we hope will further protect residents and staff. Family members were reassured that they would be notified if a family member is tested and, if so, their results. IL residents received their update with a lovely, handmade card with a treat inside that were donated and made especially for our residents by community members.

April 21 The entire Heath Village family received an update about the impact of the Coronavirus on our community. To date, the HCC has had 20 residents who have tested positive. Of those 20, sadly, seven have died. We currently are awaiting tests on eight additional residents/patients. Twenty staff members have also tested positive. Ten have recovered and been cleared to return to work. The letter also addressed the recent NJ Department of Health report that inaccurately

cited Heath Village as having 28 positive cases and two deaths. Heath Village has reached out to them to correct their records. Good news was also shared that we are unaware of any positive cases in IL, HH or MFH. Procedures for allowing HCC families to visit loved ones through the window in their room or through another similar means were also discussed.

April 24 COO Mary Ellen Bove distributed an email to residents, family members and staff which included the following information. To date, Heath Village has had 26 residents test positive in total and results on four more are pending. Thankfully, there have not been any further deaths since her last update. Staff are following specific guidelines outlined by Dr. Ubhi, our infectious disease physician. We continue to treat positive residents at Heath Village and are working diligently to keep families informed of any changes in condition. She also shared that currently 21 employees have tested positive, with results pending for four more. Ten employees have already returned to work and several more are anticipated to return soon. She is pleased to be able to continue to report that no positive cases have been reported in IL, HH or in MFH.

May 1 COO Mary Ellen Bove distributed an email to residents, family members and staff which sadly announced the passing of another resident, bringing our total number of resident deaths to eight. She shared that, in total, 28 residents have tested positive with two residents test results pending. There was some encouraging news to share. We have had 11 residents recover from the virus and we are seeing some signs that the spread of the virus is slowing. Of the 23 staff who tested positive, 15 have returned to work. We are awaiting the results of one employee's test. While eight staff remain out, we expect the majority to return to work by the end of next week. Mary Ellen also took this opportunity to let everyone know that, in light of the pandemic, the move across the street to the new Health Care Center and Rehabilitation Facility has been delayed until July.

May 8 In her weekly update, COO Mary Ellen Bove was pleased to share the news that there were no further deaths to report this week and still no Covid-19 cases anywhere else on the campus. To date, 30 residents have tested positive, 19 have recovered more than 14 days (CDC guidelines), three are still on strict isolation, and one resident pending results. Regarding staff, we have had 24 who have tested positive, and have two pending results. Seventeen have returned to work and more on the way and expect more in the coming week.

Mary Ellen reminded everyone that as the Governor has extended emergency procedures until June 7th, Heath Village will continue with its current rules. In response to questions about the pool and the upcoming election, Mary Ellen shared that we are preparing the pool in the hopes that we will be able to open this year, but we do not have a date at this time. With respect to elections, the Township will soon be deciding whether the next election will be held on site in the auditorium or mail-in ballots only. Either way, we will make sure residents have the information in plenty of time, so they are able to vote.

May 15 In response to Governor Murphy's Executive Order, Mary Ellen reported that all residents and staff in the Health Care Center and Mayflower House will be tested for the virus by May 26, and then tested, once again, a week later. Sadly, she also reported that this week we lost yet another of our residents who had tested positive, bringing the total number of residents who have passed from the Coronavirus to nine. This week we also had three more residents test positive, one prior to the mandate, and two more following the mandate, bringing the total to 33. Mary Ellen outlined the steps Heath Village was taking if/when a

resident who is asymptomatic tests positive. All who test positive will be on strict isolation for 14 days. Families will continue to be informed about any changes to their loved one's status. Mary Ellen also reported that two employees who were symptomatic were also tested this week. Heath Village is still working to acquire enough PPE, particularly gowns. Together staff and residents have made more than 1,000 disposable gowns and we are expecting more to be delivered in the coming week. Thankfully, we are still able to report that we are not aware of any cases in Mayflower House, Heath House or elsewhere within the campus.

May 21: This week's update by Mary Ellen focused largely on the mandating testing taking place for staff and residents in our licensed areas. Following both rounds of testing, seven residents in the Health Care Center tested positive. None are showing any significant symptoms but were placed on strict isolation and will be closely monitored for 14 days. There continues to be no positive cases in our Mayflower House and our independent living areas. Weekly testing of residents and staff in our licensed areas may be required but are awaiting additional guidance from the State. Mary Ellen reported updates to the federal guidelines regarding communal dining and how or when family visits may resume.

May 29: Mary Ellen reported that it was a quiet week, only one HCC resident tested positive, with no symptoms, thankfully. Three staff members have tested positive, also without symptoms. They will recover at home. As required, we are performing weekly testing for residents and staff. Families will be called in the event results come back positive. Once we have fourteen days without any new cases, we can begin to relax some of our infection procedures. As soon as that happens, we will notify everyone. With respect to our independent living residents, and in accordance with the Governor's rules, we are getting ready to resume outdoor dining on our patio/courtyard.

June 6: Mary Ellen was very pleased to report that there were no new positive cases this week. If this continues, infection control procedures will be able to be relaxed somewhat. We are hopeful that we will be able to resume family visits by the end of the month. The salon will be reopening the end of the month and we are working with the local Dept of Health for the approval on our plans for outdoor dining. We are also hopeful to be able to resume limited activities for IL residents in the next few weeks, all with new rules and restrictions in place to allow proper social distancing. Mary Ellen also used this update to share with residents and family members photos of our new Health Care Center and Rehabilitation facility, which we hope to be able to open soon.

June 11: While we had three employees test positive, no residents tested positive. This allowed us to remove contact isolation precautions this week on the first floor. If we continue to not have any new cases, we will be able to resume limited group activities and dining in the main area. Mary Ellen was excited to share that we will begin slowly reopening our campus to our IL residents. Outdoor dining and a few activities will resume – flyers on both containing additional details were attached to her email. Masks will be required, and visitors are not yet allowed in the main building or permitted to dine on the patio. We are still working to get our pool open. Mary Ellen also shared floor plans for the new private and semi-private health care center rooms and details about them.

June 19-22: Considering a multitude of developments, Mary Ellen distributed two emails this week. One for IL residents and one for the HCC/MFH residents and families. With respect to the HCC/MFH, sadly we had a resident test positive. Thankfully, the resident has no symptoms and is doing well but, unfortunately, this set-back our efforts to relax restrictions on dining and activities. However, Mary Ellen was very happy to be able to share the long-awaited news that were cleared to resume family visits. Guidelines for the visits were attached to the update. With respect to IL, Mary Ellen shared further good news about activities being resumed, including the wood shop, Bocce, the pool, and the library. Information about changes to shopping, dining and transportation were also included.

June 26: Again, two separate emails were distributed, one to HCC/MFH residents and families and one to IL residents. In the HCC/MFH update, Mary Ellen was happy to report no more resident cases but there were a couple asymptomatic employees who tested positive. She reported that they were still awaiting guidance from the State of NJ. Until it is granted, they cannot move forward with communal dining or group activities. They will be beginning to do so in MFH. She was pleased to announce the beginning of in-person, outdoor visits for both HCC and MFH and listed the instructions and guidelines for doing so. Mary Ellen's IL update addressed, the opening of the pool (6/29), indoor dining (7/8) and information about the July 7th primary election. She also announced the reopening of the bank (7/10) and reminded residents that the HH lobby remained closed due to the renovation, which was expected to be completed the end of July. She announced the moving of the beauty parlor to the computer room and the moving of the computers to the Club Room.

July 2-3: Mary Ellen shared with the HCC/MFH families that another staff member who was asymptomatic tested positive, which continues to delay our ability to move to Phase 2 but they are continuing their efforts to develop new ideas to engage residents. Outdoor visits are going well. We are still awaiting our Certificate of Occupancy for our new HCC and Rehabilitation facility across the street. IL residents were informed of the Governor's decision to cancel indoor dining. Mary Ellen reminded residents that while visitors were allowed, they are to wear masks and practice social distancing. Because of the communal nature of our Heath House residents, if they are going out overnight or on an extended trip, we are encouraging them to quarantine for 14 days upon their return. All residents should refrain from visiting with anyone from one of the "quarantine states" issued by NJ until they have waited 14 days to be certain they are virusfree.

July 10: Apart from one more asymptomatic staff member testing positive, there was very little to report this week. Mary Ellen stressed how pleased she is at how we have been successful in protecting residents, while at the same time frustrated by the inability to rid the campus of the virus. She reminded residents and family members about the need to quarantine yourself before coming to our community if you have traveled to any of the "quarantined states." With respect to IL, Mary Ellen indicated that card games could be played outdoors with masks, and that Activities was exploring other safe things to do for residents.

July 17: Mary Ellen was very pleased to share that residents throughout the campus remain virus-free and that we have resumed communal dining and some small group activities in MFH.

Outside visits continue for family members. Additional IL activities are being introduced, including live entertainment. To adhere to social distancing recommendations, activities will be organized by neighborhoods. She encouraged residents to continue to be safe and check with Activities if they have questions. With respect to the new HCC, we are awaiting our CO, once we have it, we can move forward with the final state inspections.

July 24: This week, Mary Ellen's update included great news that all residents throughout the campus remain virus-free. We did, unfortunately, have one asymptomatic employee test positive. She was also very proud to report that we had two infection control inspections by the state in the last month. Both reviews resulted in NO deficiencies in our infection control policies. We continue to await guidance from the State on indoor visitation in our HCC and MFH. Until we can resume such visits, Mary Ellen requested families be mindful of the heat and summer storms, which may impact outdoor visits. She also extended an invitation to HCC/MFH house families to tour the new HCC and requested feedback on suggested dates and times. With respect to IL, she announced the delivery of our outdoor entertainment tent which will be set up on the lawn adjacent to Cherry Blossom Court. This will enable greater flexibility with outdoor Activities. HEPA filters are being installed in the Auditorium's circulation ducts which will also enable us to safely – still with modifications - use this space. IL residents were encouraged to check Channel 1979 and be on the lookout for an August monthly calendar.

July 31: Mary Ellen was very excited to share in her update that it has been over a month since we have had any residents test positive. This week she met with some HCC residents and discussed how things were going and updated them about The Meadows, our new HCC. She shared how the tours for families will work next week and asked families to email her to confirm their attendance or with questions. With respect to IL, Mary Ellen announced some fun activities being introduced in August, including Block Parties for each of our neighborhoods. Residents should check the calendar to see when their neighborhood is scheduled. Each event will include a delicious BBQ from Dining Services and live entertainment. She shared that the lobby renovation is expected to be finished in September.

August 10: In her update Mary Ellen shared that one long-term care patient had tested positive, no symptoms, and a second with potential symptoms is awaiting test results. She reiterated the importance for all staff to observe all PPE and infection control procedures. As a result of the positive test, our community moved back to the state's Phase One guidelines.

August 14: Mary Ellen updated the community that all pending test results came back negative for both residents and employees. She also provided a brief overview of the NJ DOH's guidelines on re-opening nursing home facilities to indoor visitation. She reassured families and staff that as we chart our course forward, she will keep everyone informed. Mary Ellen outlined the guidelines for the HCC that will remain in place until August 31. MFH will continue to function as it has been, since it remains COVID-free. With respect to IL, she shared that outdoor dining and activities are going well. She is working on getting an update on how the fall elections will be handled and will share that information when she has it.

August 23: Mary Ellen shared a very brief update to inform our community about a short-term rehab patient who tested positive after being admitted to our facility. All newly admitted

patients are placed on strict isolation, so there was no high-risk exposure. The patient was asymptomatic and is doing well.

September 18: In this update, Mary Ellen was very pleased to report the good news that with no new cases, we are officially considered out of our outbreak and will be moving forward with plans for Phase 1. She reviewed the current visitation policy and what it will look like in Phase 1. She reminded everyone about the need to strictly adhere to the mask policy – no exceptions! Mary Ellen informed the community that the temporary certificate of occupancy for the new health care center is expected today. This allows us to schedule our inspections with the Department of Health. In other developments, she reported that the HH lobby renovation is finally nearing completion and that she hopes to be able to invite IL residents back to HH in early October. Lastly, she shared that HV will NOT be a designated polling place for the November elections. All residents who are registered voters will receive a mail in ballot. More details to follow.

September 25: Mary Ellen was excited to announce that there have been no new positive cases anywhere in the community. This should allow us to begin indoor visits for MFH and the HCC (by appointment) in the coming week. They are finalizing more specific guidance and will communicate directly with families. She also shared that Heath Village received its TCO for our new nursing and rehabilitation facility. We now await inspections by the State. She informed everyone that the HH lobby renovation is complete and shared details about the changes residents will see. They are hopeful to allow IL residents back into the building shortly.

September 30: Following up on her earlier message, Mary Ellen announced that we have been approved for indoor visits in the HCC and MFH. She outlined generally how visitation will work and attached the formal visitation policy.

October 5: Sadly, Mary Ellen shared the disappointing news about a staff member testing positive. The employee, thankfully, is asymptomatic but it requires us to revert to Phase 0 and to cancel any plans for indoor visitation. Once the quarantine period ends, we can go straight back to Phase 2.

October 14: Mary Ellen was very pleased to share that the two-week quarantine period has concluded without any new residents or staff members testing positive, allowing us to resume Phase II of the re-opening plan on October 15th. Communal dining and small group activities, and indoor visitation by appointment, for residents' friends and families can all be put back in place that day. She further reported that the Heath House reopening for IL residents has gone well. She reviewed the procedures that residents were expected to follow when entering the building. Mary Ellen announced that on October 22, they would be hosting tours of the new health care center for IL residents and provided guidelines for signing up for the tour.

October 24: Sadly, Mary Ellen reported that another staff member tested positive for COVID-19 requiring us to suspend indoor visitation. Should no one else test positive, we can resume indoor visits on November 5. Meals can continue to be served outside of their rooms and Activities can also continue. All MFH and HCC residents continue to be tested weekly and, thankfully, all have tested negative. With New Jersey seeing a spike in positive cases, she urged everyone to be

vigilant in wearing masks and maintaining social distancing. Mary Ellen also shared information about Halloween activities planned and an update on the CO for the new health care center.

October 30: Mary Ellen sent an update to our IL residents reminding them to be safe and diligent in their safety precautions. She urged them to be careful over the holidays and reminded everyone that masks are mandatory in the building. Mary Ellen informed them that they can pick up food to go from the Café but are still not allowed to eat there. She reminded them about the upcoming closure of our campus bank.

November 4: Mary Ellen shared the good news that since we have not had any further positive cases, we can resume indoor visitation. People looking to schedule a visit should contact social services. She encouraged people to stay home for Thanksgiving as small, indoor group gatherings are considered to be the cause for the significant spike in NJ. Heath Village will be preparing a delicious feast for residents to enjoy. She shared the types of occupancy and pricing for the new HCC and provided the link for the virtual tour of the building. Families were encouraged to call Mary Ellen to discuss their room preference. She briefly discussed the anticipated move-in procedures as well as the infection control benefits of the new building that will make visitation safer and easier.

November 6/10: Unfortunately, another Heath Village staff member tested positive. Mary Ellen explained that since we have had two employees test positive in a 14-day period, we are considered to be in an outbreak. As such, there can be no more indoor visits until we have had 28 days with no new positive cases, which brings us to December 3. Thankfully, no residents have tested positive, and the staff members are okay. She reported that the majority of facilities in the area are also in outbreaks (mostly staff, not residents). Based on the advice of our infection control specialist, Mary Ellen recommended that individuals who spend time with extended family or travel over the holidays get tested before visiting or socializing in the community.

November 13: Yet another employee tested positive, Mary Ellen was sorry to share. She reminded people that it is important to be vigilant in wearing our masks and being safe. She told everyone to NOT bring their loved ones home. It is not safe. Mary Ellen asked everyone including staff – to follow the DOH guidelines and refrain from traveling or attending/hosting large holiday gatherings. She shared that we are doing everything possible to make Thanksgiving special for Heath Village residents and encouraged families to schedule face time visits and send gifts if they can.

November 17: Mary Ellen shared that we had another staff member who is asymptomatic test positive; thus, pushing back our return to indoor visits to the middle of December. In light of the virus peaking again in NJ, she shared guidance from the NJ Department of Health encouraging people to stay home for the holidays. This link also includes the current number of cases in nursing homes across NJ, which Mary Ellen was pleased to point out that Heath Village falls at the bottom of the list – she hopes to keep it that way. In way of other good news, she shared that The Meadows received its final CO; we are now awaiting inspection from the state. She is hopeful that residents will be celebrating Christmas in the new building.

November 25: In her Thanksgiving message, Mary Ellen wished everyone a very happy holiday and acknowledged how difficult the holiday may be this year. She urged everyone to try and remain positive that easier times are coming. She announced that the inspection of the Meadows has been scheduled for Nov. 30 and briefly outlined how they expect to handle the move.

December 2: Mary Ellen reported that due to the increasing numbers of positive cases in NJ, facilities were asked to participate in a two-week pilot program where we administer rapid COVID tests every other day to staff and anyone else coming into the building. These tests have resulted in identifying 4 staff members who are asymptomatic, but tested positive, and one Mayflower resident. This is our first Mayflower test that has come back positive – the resident involved goes out several days a week for medical appointments and does not eat in the dining room. We hope this was an isolated incident. None of the staff who tested positive work in Mayflower – they work in various other departments. Mary Ellen acknowledged that this news may be disconcerting, but the rapid testing is doing what it is intended to do, to weed out those with no symptoms before they can spread it to others. We continually monitor and retrain staff on infection control procedures to ensure they are being followed at all times. She was, however, able to share some good news – the Meadows was approved for licensure, so we can continue our plan to move in next week.

December 14: Mary Ellen was pleased to report that there were no new reported positive cases in the community. She updated everyone on the move to the Meadows and acknowledged difficulties that we have had transferring the telephone system but assured everyone they were actively working on it and the problems would be resolved. Mary Ellen provided a very brief and high-level overview of the vaccine, the CDC's guidance and when we may expect to receive our doses of it. She assured everyone that more information would be forthcoming.

December 19 11:40 am: Mary Ellen shared that 7 staff members tested positive for the virus. They were from multiple departments and are all asymptomatic. She also provided further information on the vaccine process, forms to be completed etc. Mary Ellen clarified that CVS would be our vaccine provider and she attached the forms that must be completed. She announced that HV will be hosting a zoom call **on December 22 at 2:00 p.m.** with our provider pharmacist to offer information on the vaccine as well as a question-and-answer period. She reassured families that it is not REQUIRED that a vaccine be received but stressed that it is encouraged for our high risk and elderly population.

On a lighter note, Mary Ellen reported that they held their first HCC residents' council meeting today in the new health care center. Overall, they seem pleased and offered some suggestions, which Mary Ellen will address.

December 19 7:13 pm (2nd update): It was a heavy heart that Mary Ellen reported that following her morning update she received news that six MFH residents have tested positive; thankfully, only one is symptomatic at this time. A MFH staff member also tested positive. As a result, all communal dining and activities have been stopped. Family members have been notified. Staff members have been re-educated on infection control measures. All staff working

today received rapid tests to ensure they are not carrying the virus. She reminded everyone that the virus is everywhere right now and urged all to be vigilant in protecting themselves.

December 21: Mary Ellen informed the community that MFH now has 14 residents who tested positive; 1 of whom is now recovered. Three additional staff have also tested positive. The majority of MFH residents have no symptoms. Results were found through rapid testing. All families and physicians have been noted. There are no other cases either in IL, HH or in the healthcare center. However, in an abundance of caution, Mary Ellen reported that all communal dining and activities have been suspended in health care and all group activities cancelled for IL. She recognized how difficult this is during the holidays but said they must do what is necessary to protect our residents. Additionally, IL residents may only order take-out from our dining venues. HH residents will continue to eat breakfast and lunch in the café and dinner in the Heritage Room. IL residents may continue to get their mail from HH and go to the library but, for now, the Village Shoppe is closed.

December 23: Mary Ellen reported that MFH has 18 residents, one IL resident and 2 additional staff members tested positive. The majority remain asymptomatic or with mild symptoms. She reassured everyone that we have all the PPE required to keep both staff and residents protected. The Meadows, our health care center, does not have any positive cases. They have prepared a separate area in the sub-acute building and are prepared to accept any residents on campus who are positive and require nursing care. In response to IL residents requesting testing, Mary Ellen explained that HV does not have enough tests to test IL residents. She encouraged IL residents to work with their doctors, and, if necessary, to reach out to area pharmacies to schedule a test. She asked that IL residents inform her if they test positive so that she can plan accordingly and keep the community informed.

Considering the spike in cases, Heath House will, once again, be closed to all residents who do not live there. Free meal delivery from the Pub or the Dining Room is available for residents. While strongly discouraged, families (2 at a time only) of HH residents may continue to visit, but must be screened, and remain in the residents' room for the entire visit. Dr. Raza will be seeing patients in the HH medical office. Mary Ellen closed her update with best wishes for a Merry Christmas.

December 28: Since her last update, 3 additional residents tested positive in MFH and 5 additional staff in various departments. As a result, housekeeping services have been suspended for IL residents. Mary Ellen reassured everyone that The Meadows is prepared to care for our residents who need it. She also shared information about the vaccine. HV requested enough vaccine doses for everyone on campus. The Meadows, and possibly MFH, will receive the vaccine first. The details on how/when IL residents will receive it are still undetermined. If they are offered it by their doctor, Mary Ellen encouraged them to get it. As soon as Mary Ellen receives additional information, she will share it with the community. She will also make available the recording of the Zoom call with the pharmacist last week. She also shared the paperwork necessary to receive the vaccine. Meadows and MFH families were urged to complete it and return it to Social Services – Danielle Pangallo (dpangallo@heathvillage.com) ASAP. IL residents can hold on to their forms for now.

January 7, 2021: Since the HV outbreak began on Nov. 4, 23 Mayflower residents and one short-term patient in the health care center who have tested positive, as well as 55 staff members throughout all departments who tested positive for COVID-19. Mary Ellen was very sad to further report that we have had one resident and one staff member who have passed away due to the virus. It has been a very challenging couple of months, but Mary Ellen believes the positivity rate is slowing down and staff are returning to work. Because of the high positivity rate, there are still no indoor visits in the Meadows. In her update, Mary Ellen outlined the procedures for 7 day a week window visits and suggestions for making the visit a good one. She also updated everyone on the status of the vaccine. CVS will be administering the vaccine to HCC and MFH residents and staff on January 18 and January 22. Vaccines are still only available for those in the CDC group 1A (healthcare workers and licensed long-term care residents). They have not given us further dates for IL/HH residents. In her update she attached a Q&A information sheet on the vaccine prepared by Dr. Damanpreet Ubhi, our infectious disease doctor. Since we do not have a date for when we will have the vaccine for IL/HH residents she listed information on how IL/HH residents may be able to get the vaccine off-campus. She encouraged everyone to get the vaccine if and as soon as possible.

January 13, 2021: Mary Ellen distributed a lengthy email updating IL residents on the community's process for registering for the vaccine. Details on where to obtain the forms and where to return them was included. The deadline to return forms is January 15, 2021. IL residents will be getting their first vaccine on January 22nd and their second on February 12. If residents aren't available on the 22nd, they can receive their first shot on the 12th. The vaccine will be given in the old health care center.

January 15, 2021: Mary Ellen reported that we have had no residents test positive since December 30. We had four staff members test positive on January 6. In MFH, all residents are now off isolation and continuing to recuperate. As of today, we are on day 9 with no positive cases. To be considered out of an outbreak, we need to have no positive cases for 28 days, which would bring us to February 4; however, noting the high positivity rate in our area, Mary Ellen expressed cautious optimism. She further explained that the State's high positivity rate precludes any indoor visits. The State will determine when the ban on indoor visits can be lifted. Once they do, we are required to wait an additional two weeks before being declared in Phase II and allowed to resume indoor visits. The current restrictions also preclude communal dining and group activities. She announced that HCC and MFH residents and HV staff will be getting their vaccines on Monday, January 18. Independent residents will get theirs on January 22.

January 20, 2021: Mary Ellen was pleased to report that since we have not heard of any more positive cases within the IL community, we will be reopening Heath House and the amenities once again. Indoor dining will also resume at 25% capacity. Of course, with masks and social distancing. She also was excited to share the vaccination schedule and procedures for Friday, January 22. She said several important points and recommendations with residents and urged that residents read them closely and be patient as we will be vaccinating many residents that day.

January 29, 2021: Because of NJ's high positivity rate, Mary Ellen explained that we are testing staff twice a week. We had two employees test positive; both are asymptomatic and quarantining at home. She reminded everyone that we must go 28 days without any positive cases to be able to reopen for indoor visits in the HCC and MFH. She went on to update everyone on the next steps for administering the second round of the vaccine. Staff and the Meadows will be on February 8 and MFH and IL residents will be on February 12.

February 5, 2021: Mary Ellen shared that, unfortunately, five more employees tested positive for the virus, all from various departments. Thankfully, all are quarantining at home and most do not have any symptoms. Staff are preparing for the vaccination clinics scheduled for the coming week – close to 500 residents and staff are receiving either their first or second dose. Minor side effects have been reported to date. She urged everyone participating to look for updates and make sure to complete their paperwork. Mary Ellen also took this opportunity to commend the staff on their response to the multiple snowstorms.

February 12, 2021: In her update, Mary Ellen shared how happy she was to report that we vaccinated close to 500 residents and staff. The next two clinics will be on March 1 and March 5 to get everyone participating their second dose. She further reported that while the positivity rate for New Jersey is beginning to decrease, in Morris County it still is above 10%. We have had two rounds of staff testing with no positive cases. The County must be below 10% for two weeks and Heath Village must be out of its outbreak before we can begin indoor visits. She reminded families that we are continuing compassionate care visits for families and that they should be in contact with Social Services with any questions.

February 16, 2021: Sadly, Mary Ellen reported that we had an employee test positive over the weekend; thus, beginning again our 28-day countdown. On a more positive note, she reported that we are increasing our dining capacity to 35% and that all the activity spaces in the main building are open (with restrictions as necessary) for IL residents. She reminded everyone that it takes approximately two weeks for the vaccine to become 95% effective and that masks will still be required.

February 19, 2021: Twice weekly testing at Heath Village is continuing and this week resulted in two more positive cases. No residents have tested positive. For HCC and MFH residents, the Activities staff continues to initiate new programs to keep things fun and interesting. All three IL dining venues have been reopened to residents. Making reservations was recommended due to limited seating capacity.

February 26, 2021: Mary Ellen was pleased to report that we have gone 10 days without any positive cases and Morris County has finally dropped to moderate positivity rate. She reviewed the steps involved to resume indoor visits and reassured that as soon as we hit the 28-day mark, we will be ready to apply to the DOH. She also let families know that the grounds crew has made more walkways to allow for window visits. Mary Ellen reminded everyone about the last two vaccination clinics scheduled for March 1 and 5th. For those who were unable to participate, she regretted to share the news that CVS would not be returning and provided information on where individuals could register to obtain the vaccine elsewhere.

February 28, 2021: In a brief update, Mary Ellen expressed great frustration and disappointment in having to share the news that a staff member tested positive; thus, starting the clock back to 28 days. We are now at Day 3. She encouraged everyone to try and stay positive. We will get there!

March 5, 2021: Mary Ellen informed everyone that a staff member had tested positive this week; thus, we are at Day 2 of our 28-day countdown to reopen our licensed areas to family members. She also shared that we completed our 6th vaccination clinic today. Mary Ellen also addressed questions about staff members who were fully vaccinated and subsequently tested positive. She said that the vaccine may not stop you from carrying the virus, but you most likely will not become ill from it. Therefore, even though most of us have now received the vaccine, we still need to wear masks and socially distance from one another.

March 8, 2021: Mary Ellen circulated a very brief update informing residents and families that another employee tested positive. She expressed hope that she will have new guidance on family visits soon.

March 12, 2021: In her weekly update, Mary Ellen informed everyone that an additional employee tested positive but is doing well. Her update to Meadows' and MFH families included good news about some expected changes to the guidance on indoor visits. In the meantime, she reviewed the visitation policy. This week she also issued an update directed at our independent residents and their family members. In it she discussed that we would be opening our dining capacity to 50% on 3/19/21. She also summarized guidance from the CDC for those who have been vaccinated. It addressed the rules on mask wearing and social distancing as well as on travel. She emphasized that in ALL public areas of Heath Village we are still requiring masks be worn at ALL times, unless seated in a dining area.

March 18, 2021: In a brief update, Mary Ellen shared that HV had a short-term patient who was hospitalized in the last 24 hours and tested positive while at the hospital. She also informed residents and family members that the NJ DOH is hosting a webinar for nursing homes/residents health care facilities to discuss next steps for allowing indoor visits to resume.

March 24, 2021: Mary Ellen distributed a very lengthy and detailed email message, which began with an update on the short-term resident who upon being retested tested negative. She then shared the good news that beginning March 29th we can begin allowing indoor visits. The message outlined the process for long-term care and sub-acute patients. All visits must be scheduled in advance with Social Services (908-684-5237). There are four time slots: 10 am, 1:30/3:30/6:30 and only four people per household may visit at one time. Rapid testing will also be required for all visitors. Details on how to have it done were outlined. MFH visitors will also require rapid tests. They will be done in MFH's vestibule. Appointment times are the same for MFH. Additional details pertaining to the visit regarding food/touching and outside access were also outlined.

March 28, 2021: Late in the day, Mary Ellen shared that an employee tested positive. The employee was fully vaccinated and is asymptomatic and will be quarantining at home. In light of the high positivity rate for our county and the entire state, the Meadows will be rapid testing all

staff on Monday (3/29/21) in addition to our weekly testing. Additional information regarding outdoor and holiday visitation will be forthcoming.

March 31, 2021: Mary Ellen shared a lengthy email with residents and family members which began with the unfortunate news of an employee testing positive, which sadly prevents us from resuming indoor visits. MFH and the Meadows will shortly be resuming communal dining and group activities. She provided lengthy instructions for scheduling of and procedures for outdoor visits. Mary Ellen also provided recommendations and CDC/NJ DOH guidelines for the Easter/Passover holiday and strongly discouraged families from bringing residents home for the holiday. She made it clear that should a resident leave the facility that they would be subjected to quarantining.

April 1, 2021: In today's update, Mary Ellen shared that another resident tested positive and urged everyone to take precautions as NJ's positivity rate is now over 10%. She reiterated her concerns about family gatherings and encouraged residents to enjoy the delicious dinner planned by our Dining services. She provided some updates to the IL facilities in Heath House and attached the minutes from the March Residents' Council meeting.

April 4, 2021: Late in the day, Mary Ellen reported that two additional staff members have tested positive and reminded everyone that being vaccinated does not prevent you from contracting the virus and spreading it.

April 9, 2021: Mary Ellen sent out two updates; one directed toward the families and residents living in the Meadows and MFH, and one directed toward IL residents and their family members. Both updates reported no new positive cases. In the Meadows and MFH update, she reviewed the current visitation procedures and our hope to get back to indoor visitation as soon as possible. The IL update was a bit lengthier and reviewed the updated and increased capacity limits in Dining and for other amenities in the main building. She also shared that they would be bringing back the tent in the Cherry Blossom courtyard by the end of April.

April 16, 2021: Mary Ellen was happy to report that there were no new cases this week, which allowed for more communal dining and activities in MFH and the Meadows. She shared several suggestions making the visits run more smoothly for families and staff. She also reported that the Long-Term Care Ombudsman's office and the NJDOH held a joint webinar to discuss visitation in licensed facilities. She summarized the most important pieces of information announced during the webinar. They distributed a FAQ with the webinar, which she attached to the email message and which we have posted to the Heath Village website.

April 19, 2021: In this update, Mary Ellen reported that two staff members tested positive this weekend, however, since they have not worked in or around MFH, she announced that they would be able to begin indoor visits for MFH on April 21st. Unfortunately, this was not yet possible for the Meadows. She then went on to outline the procedures for indoor visits for MFH. All visitors are required to receive a rapid test. Despite vaccination status, visitors must wear a mask but if the resident has been fully vaccinated, Mary Ellen said they can choose to have close contact (including touch). All appointments and questions regarding visits should be directed to Social Services at 908-684-5237.

April 23, 2021: Mary Ellen did not have much new information to share this week. No new cases were reported since the two reported last week, but the CALI scores remain high for most of NJ, meaning the positivity rate remains at a high level. Thus, she recommended everyone to stay the course regarding masks and social distancing. She shared that they have heard that the CDC may be modifying guidance regarding masks in some situations but said that it will be a couple of weeks before the federal and state officials review and offer us further guidance. Mary Ellen was pleased to report that residents in MFH and the Meadows are enjoying meals and activities in our common areas once again. She also provided the link for anyone ages 16 years and older looking to get vaccinated: atlantichhealth.org/covidvaccine. She also reminded people to be vigilant against phone scams and to not give out any information over the telephone.

April 29, 2021, and April 30, 2021: It was with a heavy heart Mary Ellen shared that six long-term care residents and one staff member has tested positive for the virus. Thankfully, all are asymptomatic and not showing any signs of illness. She emphasized that they are investigating the source of the infections but as the residents were spread out among three different households, it has been difficult to identify it. As a result of this outbreak, Mary Ellen several steps currently being taken including rapid testing of all working staff and Meadows and MFH residents, creation of a “Covid Unit” for residents testing positive, and the temporary suspension of communal dining and activities. Both indoor and outdoor visitation has also been suspended until May 11. No positive cases were identified in MFH but since staff overlapped with the Meadows, they are implementing the same restrictions.

In her IL update, Mary Ellen shared the news about the positive cases but also shared good news about the opening of outdoor dining that is expected to occur in May. In response to questions about who is and who is not vaccinated on campus, Mary Ellen explained why Heath Village is not mandating it at this time. She shared that approximately 97% of residents and 67% of staff are vaccinated and added that it is a very personal decision whether to get vaccinated. She also asked that residents respect the rights of others (staff/fellow residents) to make their decision.

May 6, 2021: Mary Ellen was very relieved to announce that after two more rounds of testing no other residents or staff have tested positive. In light of this positive news, we can resume outdoor visits, effective May 7. Screening is required and all visits must be scheduled with social services. In a separate update to IL residents, Mary Ellen shared the state’s decision to remove capacity limits, effective May 19; however as social distancing is still required, they may be few changes to our capacity limits at this time. May 13 we will resume outdoor dining and for the first time since the pandemic we will allow outside guests to join residents outdoors – they will still not be allowed to have guests in our indoor dining venues. She also announced that the date of the Residents’ Council General Meeting has been rescheduled for May 24th at 10 am to take advantage of the increased capacity permitted by the change in the state’s guidelines.

May 15, 2021: This week’s update included the good news of no new cases among residents or staff. Mary Ellen was waiting for further guidance from the state about mask wearing for those who are vaccinated. She was also pleased to report that beginning May 19, IL residents could, once again, invite guests to join them for meals indoors. She reported an increase in transportation requests and asked for everyone’s cooperation. She also announced that the Residents’ Council meeting will be on May 24 at 10 am.

May 21, 2021: In a brief update, Mary Ellen, once again, was happy to announce no new cases this week and that indoor visits for the Meadows and MFH have been going well. She announced that the pool will

be opening in June and that outdoor dining is available Thursday, Friday, and Saturday. She is looking forward to further relaxation of the rules soon.

May 28, 2021: Mary Ellen sent out a lengthy update to residents, MFH and Meadows families and staff. Each one shared how Heath Village is officially out of our outbreak – the first time since Nov. 4th. It then went into great detail outlining the new procedures for our community. Based on CDC and state guidelines fully vaccinated residents will no longer be required to wear a mask. Social distancing rules have been eliminated and for IL residents we can resume functioning at full capacity. Screening requirements, however, remain in effect for all Heath Village residents, staff, vendors, and visitors. For The Meadows and Mayflower House visits still must be scheduled and all guests must sign the informed consent form and be screened prior to visits. Rapid tests are encouraged but not required. New subacute residents and long-term care residents who have been hospitalized will be tested. Anyone who is not fully vaccinated is required to wear a mask. Staff are required to still wear a mask and eye protection but for those fully vaccinated weekly testing is no longer required.

June 4, 2021: This week Mary Ellen reported that we had one fully vaccinated employee test positive for the virus. This required us to suspend indoor visits for MFH until another full round of testing is completed. Outdoor visits can continue. The Meadows was not impacted.

June 11, 2021: Mary Ellen reported great news – no new cases anywhere. We can resume indoor visits on Saturday, June 12 for long-term care residents living in Balsam, Chestnut, Willow and MFH. For residents temporarily in Laurel or Juniper after hospitalization, this will not apply. All limits on visitations have been lifted. Appointments are no longer necessary, as are time restrictions. Visitors must still be screened and complete the informed consent form upon each visit. We ask that you wear a mask when you enter the building. If both parties are fully vaccinated, masks may be removed.

July 16, 2021: With great regret, Mary Ellen shared that we have an employee who works in the Meadows test positive for the virus. According to the NJ Department of Health guidance, we are required to stop regular indoor visits and conduct testing of staff. Unfortunately, that means we must suspend regular indoor visits for the next several days. This includes volunteer visits. Family members who need to schedule a compassionate care visit, essential care giver or end of life visit, may do so by contacting the social services office Monday through Friday from 9 am to 5 pm, 908-684-5237. Once all the testing is completed and results received, we can restart indoor visits if there are no new cases. Neither MFH nor IL have been affected so there are no changes in the current protocols/guidelines.

July 22, 2021: In a brief update, Mary Ellen reported the good news that we have tested all residents and staff over the past several days resulting in no new cases of COVID-19. We are able to resume regular indoor visits without an appointment, in our long-term care households in the Meadows, beginning Friday, July 23rd. Guests are still to continue to be screened, sign a consent, and receive a visitor's sticker prior to your visit. Volunteers and entertainment can resume in the Meadows. Friends and family members of patients in our sub-acute households (Laurel & Juniper) must continue to make appointments to visit for the time being at the designated times, and volunteers and outside entertainers cannot yet resume in these households.

August 4, 2021: Sadly, Mary Ellen reported that a Meadows resident tested positive. The resident is fully vaccinated and does not have any symptoms. As a result, per Department of Health guidelines, we are required to stop all indoor and outdoor visits and test all residents and staff. Communal dining and activities in Balsam and Chestnut households have been

suspended for two weeks as we do further testing. Outdoor window visits can continue. Windows should remain closed, and it is recommended that use the telephone to communicate. Families are encouraged to call Social Services at 908-684-5237 for further information. MFH has not been impacted so no changes to the current procedures are required. Due to the increase in positivity rate in NJ, Mary Ellen recommended that those not vaccinated always wear a mask indoors and that everyone, despite vaccination status consider doing the same. People should also be mindful of social distancing to protect yourself and others.

August 13, 2021: Mary Ellen issued two emails in the matter of three hours reporting that two new staff members have tested positive. Both are fully vaccinated and, thankfully, asymptomatic. However, because of these results, the Meadows is required by state guidelines to curtail indoor visits except for compassionate care and essential caregiver visits until at least August 24th. In addition, we need to curtail communal dining and activities also until then. Mayflower House has not been affected, so indoor visits, etc. may continue there.

She further explained that outdoor visits with Meadows residents and their visitors are permitted on a scheduled basis. To make an appointment, please call the social services department at 908-684-5237 Monday through Friday until 4:30. Outdoor visits can take place 7 days a week on the front porches of each household but must be scheduled ahead. Visitors should continue to be screened prior to proceeding to the household to visit, even if outdoors. The NJ Department of Health is strongly recommending that visitors to the Meadows and Mayflower House accept being rapid tested, prior to visiting. Testing can be done 9-5 Monday through Friday at the reception desk at the Meadows and in Laurel evenings and weekends, or at the nursing station at Mayflower House, and takes 15 minutes for results. Also, it remains mandatory that all visitors wear a mask when entering these buildings and that the mask remains in place until you are in your family member/ friend's room. If both of you are fully vaccinated, you may remove the mask once in the resident's room. If either of you are not vaccinated, the mask must remain in place at all times. Also, visitors are asked not to walk around the common areas of the building. The department of health guidelines require that the visitor go directly to the resident room, as that is where visitors can be received. We cannot use public areas of the households or Mayflower House for visiting right now.

Staff are also now required to be tested twice a week and are again double masking and wearing eye protection while inside our buildings.

For our residents living in our apartments and Heath House, out of an abundance of caution, Mary Ellen stated we are strongly recommending the residents resume wearing masks while in public areas indoors right now. All activities will continue as scheduled, and dining venues all remain open.

August 18, 2021: Late at night and with a heavy heart, Mary Ellen reported we have had another staff member and a resident of the Meadows who have tested positive in the last 24 hours. She reported that, in accordance with NJ's Department of Health guidelines, we will continue to test all staff twice a week. We will also need to continue with family and friends visiting primarily outdoors by appointment for the time being. Compassionate care and

essential caregiver visits can continue if absolutely necessary, also by appointment, and we are requesting all visitors keep their masks on at all times, regardless of vaccination status for the time being.

With respect to a booster for the vaccine, she reported that we are awaiting guidance through the NJ Department of Health. When this information is disseminated, we will have the ability to plan for future clinics and should be able to offer it to all staff and residents. Mary Ellen also reported that President Biden announced today that he will be mandating all employees of health care facilities who receive federal funds to become vaccinated. Because Heath Village participates in the Medicare and Medicaid programs, we will be required to comply. As further details become available, she will pass it along.

August 21, 2021: In a very brief update, Mary Ellen reported that an additional 2 staff members tested positive, both were fully vaccinated and, thankfully, both are asymptomatic. She reassured everyone that we will continue with all the protocols in place to manage this latest outbreak.

August 24, 2021: Mary Ellen reported that we had a second resident in the Meadows who tested positive for COVID-19, as well as another staff member, who was fully vaccinated and does not work in the Meadows. Neither resident had any exposure to staff that have recently tested positive, and all were vaccinated.

Because 2 or more staff or residents who tested positive in the past 14 days, it was considered an outbreak. This means that we will continue only outdoor visits until we get through 28 days without any positive cases.

Indoor visits for compassionate care or essential caregiver visits can continue in limited circumstances, but we are strongly requesting that anyone entering the building please accept a rapid test when being screened, before visiting, in both the Meadows and Mayflower House. The rapid test result is good for 48 hours, so if you were coming daily, you would be tested every other day. Rapid testing is not required for outdoor visits. Mayflower House remains able to receive visitors indoors at this time, but please get a rapid test before you visit. We must again require that all visitors wear a mask and eye protection while visiting, regardless of vaccination status.

We continued providing meals and activities with residents while in their room, as the NJ Department of Health guidance requires. We have our rehabilitation staff working with our residents to continue daily walks and working with their activities of daily living in order to maintain their functional level and more opportunity to interact with others.

We are asking our independent residents to begin wearing masks again while indoors in any of the common areas. They do not need to be worn once seated in our dining areas, but at all other times indoors, please do. We will continue to do daily screening of staff, and testing for all staff, regardless of vaccination status, twice weekly in adherence with Department of Health guidelines.

August 25, 2021: Mary Ellen reported that we had one additional resident who tested positive for COVID-19, fully vaccinated as well and no symptoms at this time. This resident lives in Willow, which is where two other residents tested positive in the past week. Because of this, we suspended indoor and outdoor visits for the next 14 days for the residents in Willow. Other areas of the Meadows can continue with outdoor visits. Mayflower House can continue with indoor visits.

September 1, 2021: Mary Ellen reported that we had one additional resident who tested positive for COVID-19, fully vaccinated as well and no symptoms at this time. Staff tested on Monday were all negative and we will be testing all again this week.

We will continue to do hallway activities and in-room dining for the next 14 days and hope this is the last positive result we see. Compassionate care and essential caregivers can continue indoors, by appointment made with the social services department. In Willow, all caregivers will be required to wear gowns, masks, eye protection and gloves while visiting to protect you and the resident.

Hospice and lab staff are also being tested regularly and are still able to provide services to our residents. We are continuing to reinforce all infection control measures and handwashing competencies with staff. We are now requiring residents throughout the campus to wear a mask when indoors in any public area.

September 10, 2021: Mary Ellen reported an update that we have no new positive cases after testing of all staff and residents. If we get through one more week of testing with no positive results, we will be able to resume outdoor visits in all areas and we hope to provide for more freedoms internally with groups again as well in the Meadows.

September 15, 2021: Mary Ellen reported that we got through 14 days with no new positive COVID cases and are able to allow indoor visits in all households the Meadows. Residents will have the ability to come back to communal dining and activities and travel freely throughout their household as well. Visits can be for up to an hour with a maximum of 3 visitors for one resident in their room at one time. Following is a reminder of protocols that must be followed, which are not Heath Village guidelines, rather they are required by the New Jersey Department of Health:

If you are coming for an indoor visit, please go to the reception desk Monday through Friday until 5 pm to be screened, or to Laurel evenings and weekends. We request you be rapid tested prior to entering the building, regardless of vaccination status, and please wear a mask while walking through the hallways. While visiting, if you have not been vaccinated, you must keep your mask on while visiting and maintain 6 feet of social distance. No eating or drinking is allowed in the resident room while visiting. If you have both been vaccinated, you can remove your masks in the resident's room, do not need to maintain social distancing, and you can share a snack etc. while visiting. We will continue to test all residents and staff weekly until we are out of our outbreak, which would be 28 days from our last positive case. Fingers crossed by the end of September; we will be there! In the meantime, we are very happy to be able to invite you back for indoor visits. Pets are still not able attend visits. For Mayflower House, the same rules apply, but sign in and the rapid tests can be done there.

We have also received information that the FDA will fully approve the booster for the COVID-19 vaccine on September 20th. All residents who have received either the Pfizer or Moderna vaccine will be eligible to receive this booster.

September 20: Mary Ellen reported that one staff member tested positive in the results from our testing done. Although our staff are always double masked and wear eye protection, we are required to suspend all visitation for residents in Chestnut and Balsam for 14 days from the date of the test.

October 1, 2021 – Email to MFH and Meadows family members:

Mary Ellen provided an update that we had additional rounds of resident and employee tested and although we did have one additional staff member test positive, they had not worked for several days prior, so it did not affect our ability to move forward in fully opening again. Effective on Monday, October 4th, residents in all areas of the Meadows can again enjoy communal dining and activities and resume indoor visits with family. We continue to ask families to be tested prior to entering for an indoor visit, but it is not required. Mayflower House continues to have communal dining and activities and indoor visits. We do ask that you contact social services at 908-684-5237 to schedule your indoor or outdoor visit. All visitors must be screened prior to entering a resident household.

We did complete our first round of Pfizer booster vaccinations for the residents in the Meadows and Mayflower House this week. If you did not get the paperwork in and you would still like to have the booster administered, you can return it to social services as we will offer the booster again. We will also be offering the flu vaccine to residents in Mayflower and the Meadows later this month.

October 1: Mary Ellen announced that we scheduled our Pfizer vaccination booster clinics for all Heath Village residents. The only approved booster currently is for the Pfizer vaccine, which was administered at our clinics early this year. Moderna and the J & J vaccines have not yet had boosters approved. Only those who received the Pfizer vaccine more than 6 months ago are eligible to receive the Pfizer booster at this time. This booster is not required, but is recommended for those over 65 years of age.

We plan to administer the vaccine on **Tuesday, October 19th** in the old Health Care Center. As we did with our other vaccination clinics, we ask that you complete the consent forms and return them as soon as possible so we have an accurate count of doses needed. A copy of the consent is attached, and we will also put a copy in your Heath House mailbox. We ask that you please return your completed consent forms to the front desk in Heath House along with a copy of your insurance card and your vaccination card. Please return your paperwork to us no later than October 10th. You may contact the Housing office directly with questions regarding the clinic or the forms and they will be happy to assist you.

The process will be the same as for the prior clinics – areas of the campus will be scheduled for specific times to manage wait times. We will have drivers available to transport those who request it and **will send out further information on the logistics** after we receive all forms from you. If you are unable to receive the booster that day, it is easily scheduled at any of the local pharmacies as well.

A few have asked whether the booster and the flu vaccine can be given within a short timeframe. We have been advised that they can but I am attaching some information from the CDC for your review and consideration. If you have further concerns, you may wish to contact your personal physician. You will soon be receiving information on our flu vaccine clinic which will be coming up on October 28th.

October 29, 2021: Mary Ellen announced on October 29, 2021 that we are officially out of our outbreak, which means we have seen no positive cases of COVID-19 among residents or staff for 30 days.

For Families and residents in The Meadows and Mayflower House:

1. Residents who have been fully vaccinated do not need to socially distance during groups or meals, as long as all have been vaccinated. If a non-vaccinated resident is present, all must wear masks. Residents who have not been vaccinated should continue to wear a mask when out of their rooms to protect themselves and socially distance 6 feet when out of their room for activities and at meals. Residents who have been vaccinated will have a smiley face sticker on their name band as well as outside their bedroom door.
2. All visitors must pass normal screening- temperature check, answer questionnaire, no symptoms in order to be allowed in.
3. Appointments are no longer necessary when visiting our residents in the Meadows. For subacute patients and residents returning from the hospital, appointments are still required.
4. All family members will continue to be asked to do a rapid test when they visit. We request families be rapid tested, regardless of vaccination status, but they do have the right to refuse the test and can still visit.
5. Vaccinated family members will no longer need to wear eye protection while inside the building.
6. Families/visitors will be asked if they have been vaccinated upon screening/testing. If they prefer not to answer, they will be treated as nonvaccinated and must wear a mask and eye protection. All visitors will receive a visitor's pass at that time which will note their vaccination status via a smiley face for those vaccinated. If both resident and family member have been fully vaccinated, they can visit in the resident room with the door closed and do not need to wear masks. They can share a meal or snack as well in the resident's room. They can come in close contact including hugging etc. and sitting near each other. A mask should still be worn when entering the building until you reach your family member's room.
7. If a resident or family member/visitor visiting has not been vaccinated, a mask and eye protection must be worn at all times and no food or drinks can be eaten during the visit, either indoors or outdoors. Social distancing should be maintained. Fully vaccinated residents may choose to have close contact with an unvaccinated visitor; however, both should be wearing masks at all times.
8. Residents who have been fully vaccinated can go to a family member's house to visit without quarantining when they return. Residents who have not been vaccinated may also leave for a visit, but a risk assessment will be completed to identify the need to quarantine for 14 days following the visit.
9. For new sub-acute residents and long-term care residents who have been hospitalized– if they have been fully vaccinated (14 days after last required dose of vaccine) upon admission, they will receive a rapid test and PCR test upon admission, if negative they will not need to be quarantined any further.
10. New sub-acute residents who have not been fully vaccinated will be rapid tested and PCR tested upon admission, and must quarantine the first 14 days of admission regardless of test results
11. Volunteers and entertainers will be permitted to enter The Meadows and Mayflower House on a scheduled basis. Please contact Cathy Stukes to arrange for volunteer guidance.

We are pleased to be able to allow more flexibility for visiting again. Please note, however, that if we should go into another outbreak (more than 1 positive result within a 14-day period) we would need to return to scheduled visits for a period.

October 29, 2021: Mary Ellen announced on October 29, 2021 that we are now out of our outbreak at the Meadows, which means we have gone 30 days without any new cases of COVID-19 among residents or staff. Because of this, we can now schedule visits for our long-term care residents without appointments. Visitors must continue to be screened and sign in but will allow families and friends more flexibility. For those who are in our sub-acute area for rehabilitation, we do still ask that you make an appointment with the social services office.

We will be able to begin having volunteers come in for activities or visiting again beginning next week. Volunteers should coordinate with Cathy Stukes, the assistant activities director in the Meadows at extension 5217.

Also – there have been some questions regarding our choral group and the wearing of masks while singing. If all participants are vaccinated, no masks need be worn during singing. If there is one member who is not vaccinated, then all should continue to wear masks.

November 17, 2021: Mary Ellen announced that The Centers for Medicare and Medicaid (CMS) issued new guidance related to visiting for The Meadows and Mayflower House. Mary Ellen also included guidance regarding holiday visitations.

- Visitors are now able to visit without appointments going forward. All must continue to be screened and sign an informed consent at the reception desk prior to visits.
- On weekends and evenings, use the Laurel entrance for screening at the Meadows.
- Visitors can walk through the building to get to the appropriate household for visits rather than driving around if preferred.
- All visitors should proceed directly to a resident's room to visit. Visits should take place in the resident's room, not in common areas.
- Visitors may not sit with residents in recreational areas or meals in common areas. If a visitor wishes to share food with a resident, it must be in the resident's room.
- We strongly recommend the continued use of well-fitting masks during visits. The positivity rate in our area is still substantial, and while we want to allow residents and families as much freedom as possible, we also want to lower the risk of potential exposure to COVID-19.
- Residents can have up to 3 visitors at a time in their room to visit, in order to maintain appropriate social distancing. If you want to request a larger group, please call social services to see what arrangements can be made.
- Meals in the café with residents in the Meadows are not yet allowed; we will notify you when we can approve this.
- If a resident/short term patient is admitted from the hospital, we will place them on transmission-based precautions temporarily until we receive the results of a PCR test for COVID. Visitors will be allowed while awaiting those results, but all appropriate PPE must be worn while visiting, and an informed consent form must be signed when visitor is screened.
- Also – if we go back into an outbreak situation, visitors will be able to continue to visit. They will be notified when they are screened and given an informed consent form to complete notifying them of the outbreak and risks associated with visitation but will have the ability to visit.
- Volunteers can visit more than one resident during a visit, with proper social distancing, well-fitting mask and hand hygiene between resident visits.
- In Mayflower House, same rules apply, with the exception that if a resident lives in a shared room, we do have a room set up for private visits and visiting should take place there.

With reference to upcoming holidays – residents can leave to attend Thanksgiving dinner with family and friends. We encourage social distancing to the extent possible. Most important, if

someone who has attended a holiday meal or visits with any resident then tests positive for COVID, please notify us immediately so we can more closely monitor them and take appropriate precautions. In most cases a resident would not need to quarantine upon return. If out for 24 hours, we would need to conduct a PCR test upon return. If you are planning to take someone out for Thanksgiving, please let us know by Monday, so we can ensure medications etc. are available to take with you if needed.

We do have availability in our dining rooms on the main campus for Thanksgiving dinner as well. If interested, you can call 908-684-5155 to make a reservation by this Friday. We will not have transportation available that day

November 18, 2021: Mary Ellen Bove Memo:

COVID-19 continues to be prevalent and is still considered a substantial risk in our area. I want to alert you that in the past few days we have been notified that two of our residents, one in Heath House and one living in the apartments has tested positive for COVID-19. We do not believe that their infections are related. Additionally, one helping hands staff member in Heath House has tested positive via rapid test today and is currently awaiting PCR results. This staff member wore a well-fitting mask and eye protection during all assistance with Heath House residents, so the risk of transmission should be low risk, but residents and families have been notified of the potential exposure.

Although you may be vaccinated, it is still very important to continue to follow social distancing and masking guidelines when indoors, particularly during the upcoming holidays. On campus, please remain diligent regarding wearing of masks indoors during activities and do not attend activities/meals if you are not feeling well. Please do notify us if you do test positive for COVID-19 so we can alert any staff to don appropriate PPE if they need to enter your apartment. Meals can be delivered to you if needed with no delivery fee.

If a Resident does find out they were exposed and are vaccinated, they should wear a mask outside their room/apartment and monitor themselves for symptoms over the next 14 days. If unvaccinated, they should quarantine for 14 days in their apartment and report any symptoms immediately. Residents should contact their physician if they become symptomatic and call 911 if emergency assistance is necessary. Attached is an informational sheet about COVID symptoms for your information. Meals for anyone quarantining can be delivered to their apartment.

November 24, 2021: Mary Ellen Bove Memo

I wanted to notify you that we have had a staff member and a resident, both unvaccinated, who have tested positive for COVID-19 in the past 24 hours in the Meadows. They had no exposure to each other so are not related. Because of this, we will be conducting testing for all staff and residents today, and this puts us once again in outbreak status. (two positive cases in a 30-day period).

Updated NJ Department of Health guidance now allows that during an outbreak, residents can continue to have visitors and also continue to attend communal meals and activities with social distancing and wearing of masks. Visitors to the Meadows will be notified of our outbreak status upon entering the Meadows so they can make an informed decision regarding their visit. From Thursday through Sunday this week, due to the holiday, all visitors should go to Laurel to be screened. Masks must be worn, and 6 ft of social distancing maintained during the visit

which must take place in the resident's room. We also continue to offer rapid testing prior to visiting and do encourage it. If you or someone you know has visited, and tests positive for COVID-19 within 14 days of a visit, please notify us so we can more closely monitor your family member/friend.

For Mayflower House and our independent living areas, safety protocols remain in effect, but no new protocols are necessary at this time. Thanksgiving Dinner will be served in the dining rooms as planned.

Also, of note – Heath Village has mandated that all staff be fully vaccinated by November 30th. We are very pleased that more than 92% have already been vaccinated and remain hopeful we may have others who receive it before the end of the month.

November 26, 2021: Mary Ellen Bove Memo

Just need to notify you that we have had one additional staff member who has tested positive for COVID-19. This does not change our ability to allow family visits and communal dining and activities, that all remains in place. Residents who are not vaccinated currently do need to remain in their rooms during this period as per our current guidelines.

November 30, 2021: Mary Ellen Bove Memo

Another quick update – we have had another staff member who has tested positive for COVID-19 – additionally one of our independent living residents has also tested positive. Both were vaccinated and are recuperating at home. We are conducting outbreak testing as required for staff and residents, but there are no changes related to visitation and all resident meals and activities can continue as usual in the Meadows and Mayflower House as well as the rest of the campus. The positivity rate in most of New Jersey remains moderate. We ask that you continue to follow the screening protocols when entering a building, and please wear a mask while indoors anywhere on campus, except during meals (for our independent living residents and guests). Our goal is to continue to function as normally as possible while maintaining all safety precautions.

December 8, 2021: Mary Ellen Bove Memo

I wanted to update everyone that we have had one new positive case among our short-term patients in the Meadows today. The patient is not vaccinated, so they, along with a couple of patients with potential for close exposure are on isolation precautions in Juniper. Because of this, we will be required to do testing at least the next two Mondays in Hickory, from 7-9 am and 2-4 pm. All staff who work in the Meadows, and staff who are exposed to someone who works in the Meadows must be tested. If you do not work on Mondays, please come to the Meadows to get tested at the main desk Monday through Friday, or in Laurel on weekends prior to starting your shift at least once weekly until this outbreak is concluded. Please also pay close attention to the signage outside of residents' doors related to the precautions to be taken and follow the directions. Make sure mask and goggles are worn at all times, and additional precautions as may be noted for residents on infection precautions. We want to keep you all safe and healthy.

Residents can be visited without scheduled appointments according to most recent guidance from the NJ Department of Health. Those who are positive for COVID or on isolation precautions of any type can also receive visitors, as long as visitors use PPE appropriately during their visit.

December 16, 2021: Mary Ellen Bove Memo

I am sending you a quick note to notify you that we have had one additional staff member who has tested positive in the last 24 hours. The staff member does not work in the licensed areas of the campus and only works occasionally. This does not affect any of our visiting guidelines anywhere on our campus and we are continuing to test our staff weekly for now. The positivity rate in NJ has jumped to High in all areas of the state, so we ask that everyone remain diligent about wearing masks here at all times. If you have what you believe to be cold symptoms, please do not enter the building unless you have been tested and are negative. Some visitors have recently had cold symptoms but did not mention them when screened – these symptoms can be similar to those found in COVID and we need everyone to be diligent. We do continue to offer testing prior to visiting a loved one; it is still available and encouraged at the Meadows and Mayflower House. Rapid tests are also available at your local pharmacy to do at home.

December 21, 2021: Mary Ellen Bove Memo

I wanted to update you to inform you that in the past 24 hours we have had a staff member in the Meadows and a resident in independent living who have tested positive for COVID-19 (both vaccinated). This new variant, in particular, shows up as cold symptoms frequently, and is very contagious. If you have any symptoms including cold symptoms, please wear a mask at all times and do not attend family or Heath Village functions and get tested. We do not have the capacity to complete rapid and PCR testing for the independent living areas of our community. You can purchase rapid tests in Shop Rite and local pharmacies. If you prefer to get a PCR test or your rapid test is positive, you can go to a local lab for walk in testing- Lab Q is located at 100 International Drive in Budd Lake, NJ, and they typically get PCR test results back within 24 hours.

We will continue to require masks, covering both your nose and mouth, while indoors within the Heath Village community. If you do test positive, please notify me or Vivian Blandura. We will notify our department heads, as it is important that staff who may need to enter your apartment for any reason have the appropriate PPE prior to entering. We can assist with meal delivery if you do need to quarantine. It is also important to notify your physician for further instructions. Our guidance requires that someone who tests positive quarantine for 10 days, assuming symptoms improve in that timeframe. The local health department does contact those with positive results to conduct contact tracing. We do still plan to have Christmas dinner in our dining room – we reduced capacity many months ago and the number of reservations will allow us to keep a safe distance between tables.

December 22, 2021: Mary Ellen Bove Memo

We have had another staff member who has tested positive, and a resident in the independent living area of Heath Village as well in the last day. We are still continuing visits indoors in resident rooms as well as communal dining and group activities. For a resident who is unvaccinated, if they have had an exposure to someone who is positive, they are required to quarantine for 14 days. We will continue to implore our unvaccinated residents to please get vaccinated. And if they were vaccinated but not yet received a booster, we want our residents and staff to PLEASE get a booster. Our next vaccination clinic is being held on December 27th from 11 am to 12 noon – any staff or resident who want to sign up should let us know ASAP so we can ensure the vaccine you want is available that day. We can email you a consent form to complete.

This Omicron variant is extremely transmissible, and as such, we are asking you to take additional precautions. We are STRONGLY encouraging visitors to get tested here, not just screened, before going

to visit a resident in the Meadows or Mayflower – please take the extra 15 minutes to be sure you are healthy before visiting our fragile populations. Also, Omicron is very often mistaken for common cold symptoms. If you have ANY cold symptoms – sore throat, congestion, stuffy nose, cough – please postpone your visit here and get tested. We have already had a situation where a family member visited while having cold symptoms but didn't think was important to let us know. She tested positive, and the patient tested positive as well. The timing for all of this is no fun, I know, but we must continue to do our best to keep everyone healthy and safe.

We have had a couple of families request to do a family gathering in Hickory over the holiday – unfortunately, because the positivity rate is climbing so rapidly in our area, we are unable to accommodate any indoor family gatherings in the Meadows or Mayflower House right now. We are glad families can still visit, but please do wear a mask during the visit, regardless of your vaccination status. We want to continue to accommodate visiting, especially at this time of year while keeping everyone safe.

December 28, 2021: Mary Ellen Bove Memo

Just a quick note to let you know we do have two additional staff members who have tested positive. We will continue to do regular testing of residents and staff at least weekly for the time being. No changes to any of our processes - please continue to get screened prior to visiting and please do not visit if you have any symptoms, including cold symptoms, unless you have been tested. The positivity rate in NJ is at an all-time high – please maintain proper infection control precautions and wear a mask while indoors visiting.

January 3, 2022: Mary Ellen Bove Memo

It's been a busy start to the new year. Over the weekend, we had two Meadows staff members who tested positive. We are currently testing all residents at the Meadows and Mayflower House, and all Heath Village staff weekly as this outbreak continues. Today, we have had 5 additional staff members test positive, in various departments on both sides of the campus. None have symptoms but are isolating at home. We have also had one Mayflower resident who has tested positive, with no symptoms, and one Heath House resident who has tested positive as well. Both are isolating in their rooms. We are continuing to manage this on a day-to-day basis and will continue to keep you informed. No changes at this time to visiting, communal dining and activities for the residents – we will advise you if any restrictions do become necessary.

Please do not come to visit if you have any illness or symptoms. We thank you for your continued cooperation.

January 6, 2022: Mary Ellen Bove Memo

This is a quick update to inform you that we have had additional positive cases amongst staff and residents. We have two residents in Mayflower House who have now tested positive, and 4 staff including both sides of the campus. The residents are both doing well and remaining in their rooms in Mayflower House.

All visiting, dining and activities remain in effect for the time being in both Mayflower House and in the Health Care Center. In Mayflower, if we do see additional cases, we may consider limiting communal activities and dining, but for now it will remain in effect. This COVID surge is expected to peak over the next couple of weeks – we will hope it leaves as quickly as it came. We are very pleased that our staff are all fully vaccinated and as a result, the majority have had minor symptoms.

January 7, 2022: Mary Ellen Bove Memo

Another update to let you know we do have two more staff members (one from each side of the campus) who have tested positive and a sub-acute patient who has also tested positive. We have all precautions in place and the PPE we need to continue to manage this outbreak. We do continue to request that if you are not feeling well, please do not come to visit and get tested. We are continuing regular visitation rules and communal dining and activities and will notify you if we need to make any changes.

January 10, 2022: Mary Ellen Bove Memo

Just a quick note to notify you that we have had three staff who have tested positive in the last 24 hours. We anticipate we will continue to see these positive cases crop up for the next couple of weeks. The better news is that many of our staff who did test positive are back to work and feeling fine. There are no changes to visiting, dining or activities in the Meadows or Mayflower House. We continue to ask visitors to wear masks at all times, only visit in the resident's room and please do not visit if you are not feeling well – cold symptoms are often signs of this new strain of the virus so please do not visit with cold symptoms.

January 12, 2022: Mary Ellen Bove Memo

Just a note to let you know that we have had one additional staff member who has tested positive. The better news is that we had several who were able to return to work today. We're doing OK staffing wise as this continues. Please continue to follow all infection prevention guidelines and let me know if you have any questions.

January 14, 2022: Mary Ellen Bove Memo

Just a note to let you know we have 3 additional staff who have tested positive over the last 24 hours. We do have staff returning to work daily and our staffing is fine for the weekend. We will continue to keep you updated, but at this time all visiting, dining and activities will continue as they have been in the Meadows and Mayflower House.

January 17, 2022: Mary Ellen Bove Memo

Just an update to let you know we have two more staff who have tested positive. They are both doing fine, and there are no changes to visitation, resident meals or activities. This has to run its course, and we are starting to see the numbers of positives decline in NJ, but it remains very contagious. Please do continue to wear masks while visiting in Mayflower and The Meadows, and not visit if you are not feeling well.

January 20, 2022: Mary Ellen Bove Memo

We have completed our weekly round of testing for staff for this week and did have two more individuals who have tested positive from different departments. We continue to have staff returning so our staffing remains fine. We are continuing with all visitations, communal dining and activities for all residents in Mayflower House and the Meadows at this time. Please do get screened at the administration building prior to visiting. Also – if a visitor needs a restroom while visiting, we ask that they only use the rest room for the person you are visiting if it is not a shared bath. If it is shared, visitors would need to use a public restroom either in the administration building, or near the café in the center of the building. The restrooms in the common spaces in each household are utilized by residents,

so we cannot offer them for visitor use at this time. Visitors can walk through the unit to get to the main hallway to use these restrooms, with a mask on at all times. Masks can no longer be cloth; they must be surgical or KN95 masks. If you need one, please ask at the administration building desk.

January 24, 2022: Mary Ellen Bove Memo

We have completed much of our weekly testing for residents and staff for this week and have found that we have 3 staff members who tested positive for COVID-19. These staff members are in three different departments on both sides of the campus; this variant continues to run its course. All resident meals and activities can continue to be communal, and visitors can still visit as often as they wish. Visits do need to occur in resident's rooms, we are not yet able to accommodate visits in public areas of the households or in the cafe. We do ask that masks be worn regardless of vaccination status while in the building, and please do get screened prior to visiting the household you are visiting. We had a situation today where a visitor was screened and went on to visit their family member. They then were chatting with a staff member and mentioned they were having some symptoms the last couple of days. We asked if we could test them and yes, they were positive. Please, if you are having any headache, cough, cold symptoms, aches, fever, chills or stomach trouble, please get tested before you come to visit. Please read the questions on the screening tool when answering them and answer honestly. If you are having any type of symptoms, we cannot have you visit unless you are tested.

January 28, 2022: Mary Ellen Bove Memo

This morning, we had a resident in the Meadows and a staff member who have tested positive for COVID. As a result, we are required to do testing of all staff today and tomorrow, and again on Monday. All staff need to be tested today from 2-4 pm at Hickory – or tomorrow from 7-9 am or 2-4 pm in Hickory. We will then see you all again on Monday, February 21st from 7-9 am and 2-4 pm. Because Monday is a holiday, we will offer testing also on Tuesday the 22nd from 2-4 pm in Hickory. Department heads and supervisors, if you would please communicate this information to your staff, as it is time sensitive.

We will need to go back to weekly testing again as a result of these positives.

February 16, 2022: Mary Ellen Bove Memo

This morning, we had a resident in the Meadows and a staff member who have tested positive for COVID. As a result, we are required to do testing of all staff today and tomorrow, and again on Monday. All staff need to be tested today from 2-4 pm at Hickory – or tomorrow from 7-9 am or 2-4 pm in Hickory. We will then see you all again on Monday, February 21st from 7-9 am and 2-4 pm. Because Monday is a holiday, we will offer testing also on Tuesday the 22nd from 2-4 pm in Hickory. Department heads and supervisors, if you would please communicate this information to your staff, as it is time sensitive.

We will need to go back to weekly testing again as a result of these positives.

March 11, 2022: Mary Ellen Bove Memo

I am happy to tell you we have not seen any new COVID-19 cases for some time, and the positivity rate in New Jersey has dropped to a more moderate level. Beginning on Monday, March 14th, the wearing of masks in the public areas of Heath Village will be optional for residents and visitors. Those who are not vaccinated are still recommended to wear masks while in public spaces. Those who are vaccinated can continue to wear masks if they choose, but it will no longer be required. In Mayflower House and The

Meadows, we will continue to require the use of masks for anyone visiting a resident in those areas, as the Department of Health has not changed their guidance on this. All staff of Heath Village will continue to wear masks on both sides of the campus.

March 29, 2022: Mary Ellen Bove Memo

Just a quick update to let you know we have had one staff member who tested positive yesterday. All usual precautions remain in place, but no additional restrictions. Please note, if you are going to visit a family member or friend in the Meadows or Mayflower House, all visitors must be screened prior to entering the household in the Meadows, or the living areas in Mayflower House. Heath Village residents can get screened at the main Heath House entrance – temperature check, sign in and please take a sticker with that day's date on it so staff will know you have already been screened. You can bring that sticker with you if going to the Meadows, and will not need to stop at the administration area to be screened again. Whichever is easiest for you - as long as you are screened once that day, you are able to visit any of the buildings on either side of the campus. If you are visiting a household at the Meadows and entering their household front door, and no one answers, there is a sign on each outside door with the direct phone number for the nurse there. If you call that number, someone will open the door for you.

Also – we are holding a clinic for the COVID-19 booster on Friday, April 1, from 8 am to 10 am.

April 12, 2022: Mary Ellen Bove Memo

Just a quick note to let you know that we did have one sub-acute patient who tested positive for COVID-19. Anyone who worked on that unit has been notified to get tested today or tomorrow at the Meadows. Those staff members should also plan to be tested again on Monday, April 18th at the Meadows admin area.

Today is the date all staff were required to receive the vaccine booster – thank you ALL so much for your continued commitment to our residents and each other. Our Heath Village staff are as good as they come; thank you once again for doing what is required and helping to keep our residents safe.

April 21, 2022: Mary Ellen Bove Memo

Within the last 24 hours, we have had two staff members and one sub-acute resident who have tested positive for COVID-19. We are not changing any visiting, communal meals or group activities at this time, but please do continue to be screened before work, wear proper PPE at all times and if having lunch with others, please keep 6 feet of distance between you. No more than 3 staff members should be eating in a staff lounge on the units at one time in order to maintain proper distance.

Staff who have worked in Laurel this past Tuesday, Wednesday or today – you should be tested tomorrow (Friday) at the reception desk at the Meadows between 9:30 – 10:30 am. You will then need to be tested again on Wednesday, April 27th – same time and place.

April 25, 2022: Mary Ellen Bove Memo

This has been a busier week than we have seen in quite a while for positive cases. We did have one additional positive staff member in the last 24 hours. All else does remain the same related to visiting, group activities and meals – no new requirements. Just please continue to be screened prior to visiting your loved one/friend and wear appropriate PPE while visiting.

April 28, 2022: Mary Ellen Bove Memo

Over the last day and a half, we have had 1 additional resident, and 3 staff who have tested positive in various departments on campus. We remind everyone to stay home if not feeling well. Visitors continue to be able to visit in the Meadows and Mayflower House if they are screened and visit in the resident's room. Communal dining and activities will continue as they have been.

For anyone who would like to receive the Vaccine booster, we will be conducting a vaccination clinic on Thursday, May 12th on both sides of the campus for residents and staff. Independent living residents, Heath House and Mayflower residents will receive the booster between 10 am – 12:30 in the old health care center, as we have done in the past. Please complete the required form (attached) if you have not already; copies are available at the reception desk. They should be returned to the housing office – your scheduled time will be communicated before the clinic. We will make accommodations for those residents attending an outing that day prior to leaving. The Meadows residents and Heath Village staff will receive the booster in Hickory that afternoon from 1:30 -3:00pm. The second booster for employees is not required at this time.

May 2, 2022: Mary Ellen Bove Memo

I hope everyone had a nice weekend! Just a note to let you know that one additional staff member tested positive yesterday. The good news is that several of the staff we reported on a week ago have returned to work. We will continue with our current protocols regarding visiting our residents in Mayflower House and The Meadows – visitors should be screened prior to visiting and only visit in the resident's room, or outdoors weather permitting. Our residents can continue to attend group activities and meals, unless medically contraindicated.

May 5, 2022: Mary Ellen Bove Memo

We have had two additional staff members who have tested positive in the last 2 days in different departments. All infection control protocols remain in place for staff and visitors – please be screened before visiting and please do not visit if you have any symptoms. This variant seems to be showing up often as cold symptoms, and some are assuming that's all it is. We will ask that you be tested by us if you appear to have any symptoms of concern. Residents may continue to enjoy group meals and activities together, no changes to their daily schedules will occur at this time.

May 11, 2022: Mary Ellen Bove Memo

A quick note to let you know that we have two staff members who have tested positive in the last 24 hours. No changes in visiting guidelines at this time – please do continue to wear a mask and do not visit if you feel like you have a cold or any type of symptoms and get tested. Residents will continue with communal meals and activities in The Meadows and Mayflower House.

May 12, 2022: Mary Ellen Bove Memo

I'm sure you are getting tired of hearing from me – we do have two more staff members – different areas of the campus, that have tested positive for COVID-19 in the last 24 hours. As always, this WILL slow down eventually. But, in the meantime, regular visits can continue for residents in the Meadows and Mayflower – all visitors must continue to be screened and wear all appropriate PPE. No changes to rules related to meals or activities.

May 14, 2022: Mary Ellen Bove Memo

Just a note to let you know we have had one additional staff member who has tested positive in the last 24 hours. All rules remain in affect with no new requirements.

May 16, 2022: Mary Ellen Bove Memo

Over the past couple of days, we have had a couple of staff who have tested positive. In addition, we have been notified that some of the attendees at the Senior Hall of Fame luncheon held last Wednesday at David's Country Inn have tested positive, including some Heath Village residents who were in attendance. If you attended and are not feeling well, please get tested. If you do not have a at home test, you can go LabQ at 100 International Drive in Budd Lake and they will test you. If you attended the luncheon and do not have symptoms, you may still want to consider wearing a mask while indoors for the next few days just to be sure.

If you do test positive, please notify our infection prevention nurse, Gina Martinez at ext. 5223. She will notify departments who may need to enter your apartment for some reason to utilize appropriate PPE as needed. Gina can give you information on how long to quarantine etc. We can deliver meals to your apartment so please let us know if you would like meal deliveries.

The positivity rate in New Jersey is high again, so please remain diligent about hand washing. Masks will remain optional indoors but if you have attended gatherings off site in the past week you may want to consider wearing a mask while indoors. Thank you everyone, and please let me know if you have any questions.

May 16, 2022: Mary Ellen Bove Memo

The positivity rate in NJ is high again, and we have had two additional staff members who have tested positive. There are no changes to visiting rules or activities for the residents in the Meadows and Mayflower House, but please remain diligent about screening before visiting a resident in these areas and please wear a mask at all times during your visit. We have had a few residents in our independent living areas that have tested positive after attending a luncheon offsite last week, so if you do attend events, it may be prudent to wear a mask while not eating or drinking.

May 17, 2022: Mary Ellen Bove Memo

We have had another staff member who has tested positive today. In addition, we have several residents in our independent areas who have tested positive in the last couple of days. For now, we are going to reinstitute wearing a mask while indoors or attending any function in Heath House. Also, we are going to suspend activities with the Friendship Center children for a short while until the number of cases in our area slows down again. Outdoor activities remain fine without a mask, but I would refrain from handshakes for the time being. Also, if you need to be tested, you can also go to Riverside Urgent Care on Mountain Avenue in Hackettstown as well as LabQ. They are doing both rapid and PCR testing at the Urgent care center.

We will need to remain vigilant a while longer until this variant slows down. Stay well everyone!

May 27, 2022: Mary Ellen Bove Memo

I wanted to check in to let you know that the positivity rate in NJ and NY metro area continues to be high presently. As such, we will continue to request all residents to wear masks while indoors or attending an activity in Heath House, except during meals. Since we have seen an uptick in the number of cases

among our independent population, I wanted to share the CDC guidelines that should be followed if you test positive.

If you have symptoms, you should be tested. Rapid tests are available at pharmacies, or you can go to the local urgent care or Lab Q on International Drive to be tested. If you test positive via either a rapid test or a PCR test, the day you receive the test result is counted as Day 0. You should remain isolated from others who do not have symptoms for a period of 5 full days. So – if you receive test results today, May 27th that you are positive, today is Day 0. You would remain in isolation through June 1st, which would be counted as the 5th day. From the 6th through the 10th days, you should wear a mask at all times when outside your apartment, but do not need to remain isolated, and should not eat in a public venue until after day 10. Please, if you have tested positive in the last 5 days, you should not be entering the Heath House building; you should remain isolated. If you need to order meals, they can be delivered to your apartment. If you are not feeling well, you should contact your physician for further instructions. If you live with someone who has no symptoms, you should isolate yourself from them as well. If you have both tested positive within a few days of each other, you can remain together without isolating from each other.

June 1, 2022: Mary Ellen Bove Memo

Just a note to let you know that we have had one additional staff member who has tested positive in the last 24 hours. No changes to any guidelines at this time, let's keep doing what we're doing and stay healthy and safe.

June 3, 2022: Mary Ellen Bove Memo

We have had one additional staff member who has tested positive. All visiting rules remain in place, no additional measures are required to be in place at this time. The positivity rate in our area remains high, so please remain diligent about protecting yourself and others.

June 7, 2022: Mary Ellen Bove Memo

Another quick update that we have had a recently admitted sub-acute patient who has tested positive for COVID-19. The rules remain the same for visiting residents in The Meadows and Mayflower House – please continue screening before you enter the household and wearing a mask at all times. Residents can continue to enjoy meals and activities together as long as they are not on isolation precautions.

June 14, 2022: Mary Ellen Bove Memo

Just a quick note to let you know we have had a staff member who has tested positive. There are no changes to visitation, resident activities or meals. Please do not visit if you are feeling unwell and remember to wear a mask during visits.

June 16, 2022: Mary Ellen Bove Memo

Just a note to let you know we have had another employee who has tested positive. No changes to any rules surrounding visitation or anything else. They are saying the positivity level is starting to level off again, so hopefully we will see a decline in cases very soon. As always, please let me know if you have any questions, and thank you for your continued cooperation with our necessary guidelines to keep everyone safe.

June 27, 2022: Mary Ellen Bove Memo

We are continuing to see positive cases among our independent resident population crop up. Please continue to follow our indoor guidelines and continue to wear a mask when attending or participating in any activity within Heath House, the game room etc. Outdoors and while eating, masks are not required. We do want to continue diligence to maintain the health and safety of our residents and staff. We are asking residents to notify the Housing Department if they do test positive for COVID, so we can notify other departments who may need to enter their apartment to ensure all staff wear appropriate PPE while there.

Being up to date with your vaccination and boosters will make you less likely to become seriously ill; but may not prevent you from contracting COVID-19.

While the positivity rate in our area remains high, masks will remain in place. When it comes down to a more moderate level, we can revisit the policy.

We will be offering boosters at the Meadows on July 15th and July 22nd. Please contact Gina Martinez if you would like to receive one.

July 1, 2022: Mary Ellen Bove Memo

Just a quick note to let you know we have had one additional staff member who has tested positive. No changes to resident activities or meals or visiting requirements. I do want to emphasize that it is required for all visitors to be screened prior to visiting a resident. We had a visitor at the Meadows last week with a fake sticker because it “takes too long” to screen. We are following the rules the Department of Health has dictated for our licensed areas of the campus, so we have no choice but to enforce them. Those who are found to falsify documentation on screening may not be allowed to visit the building while this mandate remains in place. Please folks, it takes 2 minutes to screen and complete the consent form. We do this to keep our residents and staff safe – please comply with the requirement.

July 19, 2022: Mary Ellen Bove Memo

I wanted to notify you that we have had two employees who have tested positive – the new variants continue to be very transmissible, so our current practices regarding screening, signing in and wearing proper protective equipment including a mask at all times will remain in place. There is no effect on resident’s ability to participate in group meals and activities at this time.

The NJ Department of Health has updated their definition of what “up to date” with vaccinations means, and it now includes that all those over 50 years of age receive their second booster in order to be considered up to date. If a resident has not received their second booster and is exposed to someone with COVID-19, we will now be required to quarantine them for 7 days. No one wants to go back to the days of requiring quarantine as a precaution for a week at a time, so we ask that you seriously consider having your family member receive the second booster. We will be offering a clinic this Friday morning with our pharmacy in the Meadows and Mayflower House, so now is the perfect time to complete the consent form so we can increase the number of residents who are up to date with their vaccinations. I have attached a consent form for your convenience.

Please return to Danielle Pangallo, our Director of Social Services, at dpangallo@heathvillage.com with a copy of your family member’s insurance card.

July 21, 2022: Mary Ellen Bove Memo

We have had 6 staff who have tested positive in the last few days. This latest variant is all the more contagious, and unlike the last couple of years where the summers have been lower transmission times, the positivity rate is currently high and increasing throughout the state. It is important we continue to be diligent in protecting ourselves and each other, so please continue with proper screening when visiting. Staff and residents are contracting COVID while traveling, so if you leave our local community for any period of time, you may want to consider testing when you return.

We are not changing any of rules related to visiting, dining or activities at this time, but if you are not feeling well, please stay away from others, and please get tested. Rapid tests are available at every pharmacy now. We will continue to require that masks be worn in indoor areas of Heath House and game room, dining etc. for the time being, unless having a meal. In outdoor spaces, masks are not required.

July 27, 2022: Mary Ellen Bove Memo

Over the last couple of days, we have had an additional 4 employees who have tested positive for COVID-19. They are from different departments, some just returning from vacation and both sides of the campus – it continues to spread easily unfortunately. It does not affect resident communal activities or meals; all remains the same. We ask that you please not come if you are experiencing any symptoms and get tested.

August 10, 2022: Mary Ellen Bove Memo

We have had two employees who have tested positive in the last 24 hours. The COVID-19 positivity rate in our area, and throughout much of New Jersey remains high, and we continue to require screening and wearing of masks in the building at all times. Residents can continue to enjoy group meals and activities as they have been. Please, if you have any cold symptoms or are otherwise not feeling well, do not visit and get tested.

August 12, 2022: Mary Ellen Bove Memo

The COVID positivity rate in much of New Jersey, including our area remains at a high level, so we are still requesting masks worn while indoors in our common areas, other than while eating or drinking. We have had two employees and one resident test positive this week, so it's still out there.

August 16, 2022: Mary Ellen Bove Memo

We have had one additional staff member who has tested positive. No changes to visiting or resident activities. If a resident is not up to date on their vaccinations (which includes boosters) we are required to quarantine them for 7 days if they have been exposed to a staff member who tests positive. Those up to date on their vaccinations are not required to quarantine. If you are interested in receiving the vaccine or a booster, we can arrange for whichever vaccine you prefer, just let social services know.

August 19, 2022: Mary Ellen Bove Memo

We have had two additional employees who have tested positive in the last 24 hours – no exposures to residents resulted. No change in visiting or resident activities. Our next clinic will be held on Friday September 9th – if you would like to schedule the vaccination booster, please contact Danielle Pangallo at dpangallo@heathvillage.com to receive consent forms.

August 22, 2022: Mary Ellen Bove Memo

We have had 3 employees who tested positive. We are required by the NJ Department of Health to notify you whenever we have positive cases among our staff or residents, which is why you receive these notes. Nothing changes, visiting and resident activities continue with no restrictions.

August 25, 2022: Mary Ellen Bove Memo

We have two additional employees who have tested positive. Please do continue to screen before entering a household or Mayflower House, and please do not come if you are having any symptoms of illness and get tested. Current visiting rules remain in place.

August 30, 2022: Mary Ellen Bove Memo

We have had one additional employee who has tested positive for COVID-19. This week the positivity rate in Morris County has decreased to medium; it has been high for the last couple of months, so we are hopeful we will see a decrease in positive cases as well. All visiting guidelines do remain in place at the current time. We will begin pet therapy visits again shortly; we know the residents will be glad to see our furry friends again.

September 1, 2022: Mary Ellen Bove Memo

We have had two employees and two residents who live in the independent apartments who have tested positive in the past couple of days. The better news is the positivity rate in Morris County has declined to a medium level for the third week in a row. Because of this, we will make mask wearing optional for residents only in the indoor, public areas and Heath House, but please do continue to screen when entering. Please note, if visiting a resident in Mayflower House and the Meadows, you must still screen and wear a mask at all times while in those buildings.

All staff will continue to be required to wear masks at all times while in the buildings, additionally all staff who are not up to date on their vaccinations, will continue to test one day a week on Wednesdays from 7-9 and 2-4. If you are not working that day, get tested the next time you are working at the beginning of your shift.

Lastly, all visiting and resident meals and activities continue as they have been. Please do not visit if you have any symptoms of illness and get tested.

September 5, 2022: Mary Ellen Bove Memo

Two staff members have tested positive over the weekend. No changes to visiting rules etc., - continue to screen when you come in and please stay home if not feeling well.

September 9, 2022: Mary Ellen Bove Memo

The positivity rate in Morris County has increased to high once again. As a result, those staff who are over 50 and have not received their second booster will be required to get tested twice a week until the rate decreases to medium. Testing times will be on Mondays and Wednesdays from 7-9 am and 2-4 pm in the Meadows. If you are not working on those days, please get tested at the beginning of your shift when you do come in.

September 9, 2022: Mary Ellen Bove Memo

We have three independent residents and three more staff members who tested positive in the last week. It's still out there, so we encourage you to remain diligent about social distancing when you can indoors, and we do encourage the use of masks indoors as well.

September 20, 2022: Mary Ellen Bove Memo

We have had two employees who have tested positive in the last 24 hours. The transmission rate in our area remains high, so we do have to continue testing those who are 50+ and have not received the second booster twice a week. We will be offering the new Omicron Bivalent updated booster for any employee who would like to receive it on Monday, September 26th at 2:00 pm in Hickory – the Meadows. If you would like to receive it, please get a consent form from the front desk at the Meadows and let Gina know.

October 11, 2022: Mary Ellen Bove Memo

This week, we have had two employees who tested positive. About a week ago, CDC updated their guidelines limiting testing and mask use. We are required to follow whichever regulations are most restrictive, and currently NJ continues to be. The newest bivalent booster is available for everyone, regardless of age. If you have received your last booster more than 2 months ago, you are eligible to receive the bivalent booster. If you have not received it, we now must test all staff (yes, those under 50 as well) who are not up to date with their COVID-19 vaccination. Currently the transmission rate in our area remains high, which means we must test twice a week. We hope, honestly, this doesn't last for long, but we need to follow the NJ guidelines as long as they remain in place. Testing will be held on Mondays and Wednesdays, 7-9 am and 2-4 pm in Hickory, including Monday even though it's a holiday. If you are not working one of those days, you can come to the Meadows to be tested at the beginning of your shift.

Also, all staff are required to receive the flu vaccination, also by regulation. We had a very successful flu clinic on Friday, and are holding a second clinic this coming Friday, October 14th at 10 am in Hickory.

October 13, 2022: Mary Ellen Bove Memo

We have had two staff members test positive this week. There are no changes to protocols, but we still must test all those who are eligible and have not yet received the bivalent booster twice a week – Mondays and Wednesdays at Hickory from 7-9 am and 2-4 pm. The next booster clinic will be held on November 11th – attached is a consent form if you would like to receive it then.

Also – anyone who has not yet received the flu vaccine, which is required – our flu clinic will be held tomorrow again for staff – Friday, October 14th from 10 am to 11 am in Hickory. We are hearing about resident COVID outbreaks in nearby facilities – something we haven't seen in quite awhile. Please continue to remain diligent about wearing your PPE and infection control protocols and if you think you have cold symptoms, any symptoms, get tested.

October 13, 2022: Mary Ellen Bove Memo

We have two staff members who have tested positive this week. No changes to protocols etc. We will be holding our next Bivalent booster clinic on November 11th. If your loved one has not yet received it

and you would like them to, please complete the attached consent and send to Danielle Pangallo (dpangallo@heathvillage.com).

We are hearing of several facilities in northern New Jersey who have resident outbreaks of COVID again – more so than staff. It is important to stay diligent regarding infection control practices while visiting – masks and washing hands or using sanitizer remain important measures. And, if you aren't feeling well, have cold symptoms or congestion, please get tested before you visit

October 21, 2022: Mary Ellen Bove Memo

We have had an agency staff member who tested positive this week for COVID-19, as well as one staff member who has tested positive for the flu. The flu seems to be around early this year, so please do get your flu vaccination as soon as possible. We will be offering another flu clinic on Thursday, October 27th from 2:30 to 3:30 in Hickory, The Meadows. The flu vaccine is required for all employees by December 31, 2022.

Also, our next Bivalent booster for COVID-19 will be offered in the old health care center at 10:00 a.m on Friday, November 11th. Please complete the attached form and return it to Gina Martinez if you would like to receive it. If you do not receive this booster and are eligible (more than 2 months since your last booster) you will need to continue to be tested at the Meadows.

October 28, 2022: Mary Ellen Bove Memo

Today we have had a sub-acute patient and two staff members who have tested positive for COVID19. There are no changes to our visiting procedures, please continue to be screened and wear a mask when you visit and please, if you are not feeling well in any way, please do not visit and get tested. The flu has emerged early this year, and is also very contagious, so we will continue to proceed cautiously. You can continue to visit freely as long as you are feeling well.

November 1, 2022: Mary Ellen Bove Memo

We have had a staff member and one Meadows resident who have tested positive. All staff continue to wear appropriate PPE, and rules remain the same regarding visits, meals and activities for residents. We will continue to be diligent about our infection control procedures. We do ask if a visitor is not feeling well to please get tested and wait until you feel better before visiting. Also, we will be having our next COVID-19 booster clinic for the bivalent booster on Friday, November 11th.

November 10, 2022: Mary Ellen Bove Memo

I am writing to notify you that we have had one additional staff member who has tested positive for COVID-19. All screening requirements continue to remain in place at this time. We are holding our next vaccination clinic Friday, November 11th for those who have sent us their consents.

Please note, we will also be hosting our next flu vaccine clinic in Hickory on Wednesday, November 30th from 2:30 to 3:30 pm. All staff are required, by NJ Department of Health mandate, to receive the flu vaccine by December 31st. If you receive it elsewhere, please provide proof of vaccination to your department head.

December 23, 2022: Mary Ellen Bove Memo

We are continuing to see COVID cases among staff periodically, so please continue to utilize your PPE diligently as well as frequent handwashing. I'm sure you have also heard that respiratory illnesses such

as RSV, and the flu, are on the rise. The Department of Health mandated that all of us are required to receive the flu vaccine annually, and all staff must have received the vaccine by December 31st, in order to continue working. Heath Village has now run out of the flu vaccine, so you must schedule it at any local pharmacy, or your physician's office, but it is a requirement unless you have a medical exemption that has been approved. Please be sure, if you have not already done so, to get your flu vaccine before the end of next week.

December 26, 2022: Mary Ellen Bove Memo

I hope you all enjoyed a wonderful holiday.

Unfortunately, we are experiencing an outbreak of COVID-19. Today we tested all residents in Mayflower House and 9 tested positive. We also have one sub-acute resident in the Meadows who has tested positive, as well as 4 staff over the weekend. All families of the residents involved have been notified.

Because of this, we will be temporarily quarantining our Mayflower residents, meaning they will be staying in their rooms throughout the day, including for meals. This will continue until at least Monday next week if there are no other positive cases. Mayflower residents can receive visitors, who must continue to screen and sign in on arrival. When visiting a resident who has tested positive, you will see there are containers outside the door with PPE (personal protective equipment). Visitors must put on a gown, mask, gloves, and eye protection when visiting. The eye protection is reusable, so please hold on to them for future visits.

Quarantine is not necessary in the Meadows, so residents there can continue to attend meals and activities outside their room, as long as they are not on isolation precautions. Visiting can also continue as it has been. The transmission rate in New Jersey continues to be high, so please, if you are not feeling well or exhibiting any symptoms, do not visit and get tested.

We will keep you informed of any further developments and thank you for following the guidelines we are required to implement. Please let me know if you have questions.

December 28, 2022: Mary Ellen Bove memo to license level of care providers and IL residents

Mary Ellen emailed an update on the current outbreak we have on campus, specifically in MFH where an additional three residents have tested positive. Two residents in the Meadows and four staff members have also tested positive. In this update she again urged all residents and providers for our residents in licensed levels of care to receive the latest booster shot. She announced that we will be having another booster clinic on January 6th and attached the consent forms and additional information about the bivalent booster.

December 30, 2022: Mary Ellen Bove Memo

Just keeping you informed as we continue to see additional cases of Covid-19 cropping up. We have two additional Mayflower House residents who have tested positive, as well as two staff members in the last 24 hours. Mayflower House residents will continue to be cared for in their rooms for the time being, while we ride out this outbreak. There are no new cases among residents in the Meadows, and meals and activities will continue to take place as planned. Please, if you are not feeling well, do not visit or work until you are feeling better, and get tested. We appreciate everyone being diligent in order to slow down the spread.

January 6, 2023: Mary Ellen Bove Memo

We had 2 additional residents in Mayflower House who tested positive over the weekend, but none since, so we are hopeful the spread has stopped. We had 4 employees from various departments test positive over the weekend as well, and 3 this week. Mayflower residents who did test positive and are no longer on isolation precautions are able to go out with family and friends for appointments, visits etc. If we continue to have no further positive cases in Mayflower, we can lift our activities and dining precautions effective

January 12th, and group meals and activities will resume. Visitors should continue to be screened and sign in when visiting any area of the campuses.

We also heard from three residents in our independent living areas who tested positive over the last week. We ask that residents in our independent living areas please notify us if you test positive so we can communicate to our staff to utilize appropriate PPE if they should need to enter your apartment for any reason. We can also deliver meals if requested.

There is an anticipated surge of COVID anticipated in January, and newer strains of COVID-19 remain very transmissible, so it is important to maintain good infection control practices – wearing masks, washing your hands after being out or with others etc. If residents have not received the most recent bivalent booster we offered at our booster clinics beginning in November, we encourage you to please consider it.

January 8, 2023: Mary Ellen Bove Memo to All Residents, Family & Staff

We had one additional staff member who tested positive in the last 24 hours. There are no changes to any procedures as a result. We will keep you informed of any further cases that do crop up on campus.

January 11, 2023: Mary Ellen Bove Memo

We had one employee and one independent living resident who have tested positive for COVID-19. Regarding Mayflower House, we will be able to re-start congregating in the dining areas and group activities on January 15th, rather than our original date of January 12th, in order to ensure all are well and off isolation. Residents who are not on isolation, precautions are able to leave the facility for appointments, visits, etc. as needed. There are no changes to our visiting procedures at this time, all remains the same.

January 14, 2023: Mary Ellen Bove Memo

We have had one additional employee who has tested positive, and one additional resident living in our independent living area who has also tested positive in the last 24 hours. There are no changes to visiting, dining or activities at this time.

January 18, 2023: Mary Ellen Bove Memo

We have had notification that three independent living residents have tested positive to COVID-19, as well as five staff members in the last couple of days. It is important to note that if residents living in the Meadows or Mayflower House are not up to date on their vaccinations – which means either not fully vaccinated or not up to date with most recent booster, residents who have been directly exposed to someone else who tests positive do need to quarantine for 7 days. If fully vaccinated and up to date, they would not need to be quarantined, and could continue to enjoy communal dining and activities. It is very difficult to quarantine for a week, but our regulations continue to require it for those not up to date with vaccinations. I have again attached a consent form to receive the bivalent booster and information on it. Please do consider consenting to the booster. We have two residents who have recently required hospitalization due to COVID; the booster continues to lower the risk of serious illness among our fragile population. We will arrange for the booster when we receive consent forms; our pharmacy is willing to assist us with vaccinating as required.

January 24, 2023: Mary Ellen Bove Memo

We now have an additional 2 staff members as well as 4 residents in Balsam (The Meadows) who have tested positive for COVID-19. Because of this, we have discontinued congregate dining and activities in Balsam for the time being, and residents are remaining in their rooms until we have no additional cases for 14 days. The activities staff will distribute in room activities for anyone interested in Balsam during this time. They are being carefully monitored for symptoms and will be further tested this week to ensure they are not positive. Families can continue to visit regardless of positivity, as they like, but please adhere to whatever precautions are required for your family member while visiting. If you are not sure, please ask a staff member who will assist you.

January 26, 2023: Mary Ellen Bove Memo

We have 4 additional residents in Balsam, and three staff members who have tested positive in the last 24 hours. Balsam residents will continue to have meals and activities in their rooms at present to reduce exposure and curb the virus's spread.

Staff are continuing to monitor the residents closely for symptoms, and our medical director Dr. Ubhi is overseeing the care protocols for our residents. No new positives have been reported anywhere else on campus, and our usual protocols continue in Mayflower House and the other public areas of the community.

We are asking residents and staff to let us know if they test positive or begin having any symptoms, and to get tested. We are hopeful this will quiet down again shortly and we will get back to normal congregate dining and activities in Balsam soon.

February 15, 2023: Mary Ellen Bove Memo

We have had an additional employee who has tested positive in the last couple of days. We are very pleased there have been no additional residents who have tested positive and do hope it stays that way. We are required to continue with no group meals or activities in Balsam until we have had no new positive cases for 14 days, but are able to have residents come out of their rooms individually for walks and a change of scenery, or for trips outside the facility. Our recreation staff is continuing to offer them in room activities and visits as well. No other changes are being made to visiting or going out for appointments in Mayflower House or The Meadows at this time.

The department of health has not yet changed the rules regarding visiting with residents in common spaces, so we do need to continue to request that visits take place only in the resident's room. When the rules regarding visiting in common spaces change, we will let you know, and we do appreciate your continued cooperation.

April 4, 2023: Mary Ellen Bove Memo

Yesterday, the Governor of New Jersey announced employees who are not up to date with the COVID-19 vaccination will no longer need to undergo weekly, or twice weekly testing. This is good news! We will continue to conduct testing if you are feeling symptomatic, have been exposed to someone who has COVID-19, or you are returning from a trip via airplane. If you feel you should be tested for some reason, we can accommodate it. But effective immediately, no more twice a week testing is required for staff!

April 27, 2023: Mary Ellen Bove Memo

We are happy to announce that effective Friday, April 28th, we will be relaxing the wearing of facemasks for visitors and staff, and eye protection will no longer be required at all times. On a weekly basis, we will be monitoring the COVID-19 Community Transmission Level for Morris County. As long as the level is low, or moderate as it is currently, it will be optional for staff to wear facemasks and eye protection, with the following exceptions. Staff will continue to be required to wear masks during prolonged hands-on care or direct patient contact in Mayflower House and The Meadows, but no longer at all times. Eye protection will no longer be required, unless required for specific isolation precautions. So while walking in the hallways or at your work area, no masks. If providing care or sitting in close proximity to a resident for an extended period of time, masks will be needed during the resident interaction. Please check with your department head if you have any questions about whether you should be masking during a specific task. Also, if the transmission rate increases again to substantial or high, the regulations will require us to mask up again until it is moderate.

Please note that if going to a resident's room with a STOP sign on the door requesting that you see a nurse before entering, you will need to wear a mask and/or other PPE in order to enter that resident room. They are on isolation precautions unrelated to COVID-19 that must continue to be adhered to.

All staff will continue to screen on entry each day and, upon entering, answer all screening questions, and check their temperature. And we will be holding another vaccination clinic on May 12th for anyone interested.

Volunteers will be welcome to come into the Meadows and Mayflower House again as well, following the same guidelines and upon completion of a two-step Mantoux.

June 23, 2023: Mary Ellen Bove Memo

If you are returning from vacation, we would appreciate it if you would stop by the Meadows and complete a quick COVID test. Although the rates have certainly decreased, it's still out there. Our next vaccination clinic will be held on Thursday, July 13th – please let Gina know if you are interested in receiving it. We are no longer required to notify residents, families and staff each time someone tests positive for COVID-19, but please do continue to report if you do test positive. Also, remain diligent, particularly when in close contact with residents in Mayflower and The Meadows, to continue to use your PPE as required. Thank you all for your continued cooperation.

September 8, 2023: Mary Ellen Bove Memo

You may have heard that there is an uptick in the number of COVID-19 cases being seen in our region. Yesterday, a sub-acute resident in the Meadows tested positive, as well as two employees within the last few days.

As a result, we are implementing additional precautions to keep our residents, staff, and visitors safe. Effective immediately, and until we are out of an outbreak, (which means 28 days without any additional cases among residents or staff), all staff and visitors must wear a mask while inside the Meadows and Mayflower House buildings. Residents are asked to wear a mask when out of their rooms as well in the Meadows and Mayflower House. We do not take this precaution lightly, as many facilities in NJ are in outbreak and have seen a very quick spread of the virus. Several residents in Willow had the potential to be exposed, so we are suspending group meals and activities in that area for now to ensure everyone's safety. Residents in these areas can continue to go outdoors or leave the building for appointments or visits if they are not on isolation precautions. You would have been notified separately if that is the case.

When checking in at the reception desk, please continue to check in at the kiosk in the Meadows; sign in at Mayflower House - there is an additional consent informing you that we are in an outbreak as required by the NJ Department of Health. If you are experiencing any symptoms of illness, please get tested and do not visit until you are feeling better. Please understand the staff are just doing their job when asking to complete screening and/or requesting you to wear a mask; please do cooperate with our protocols, and feel free to forward this email to other family/friends who may visit. We will keep you updated if additional cases do occur as well as when the outbreak has concluded. If you have any questions, please feel free to email me.

November 26, 2023: Mary Ellen Bove Memo

Recently, we have had a few residents out in the apartments who have tested positive for COVID and were not sure what to do, so we wanted to provide some clarification and suggestions.

If you have had a known exposure, meaning you have been within 6 feet of someone for more than 15 minutes who has tested positive for COVID in the last couple of days, following is some guidance.

If you are notified of an exposure to someone who has tested positive, you should test that day and continue monitoring yourself for symptoms. You do not need to quarantine but should wear a mask when around others. You should test again on day 3 and then on day 5, or sooner if you begin to have symptoms. If you continue to test negative each of those times, you should continue to wear a mask at all times when around others for a total of 10 days, because of the exposure.

I have attached a handout that notes what to do if you have symptoms or test positive, outlining when to test, how long to quarantine, mask etc.

If you start to have symptoms, you should contact your physician immediately. If your physician is not easily accessible when sick, you may want to consider Ennoble Care, who can provide primary care and in home visits as well as telehealth visits if you sign up with them. Information on the Ennoble group is available in the housing office. If you do test positive for COVID, you can call our nursing staff, but truthfully there is not much they can do. If you have difficulty reaching your physician, we do have some local physicians on-call numbers and we can attempt to reach out to them, but there is no treatment we will be able to provide ourselves. The urgent care center down the street in Hackettstown is available daily, and if you have severe symptoms and are concerned, you should go to the emergency room. We are hopeful this information is helpful to you.

We had many residents who participated in our first flu clinic last week. We will continue to offer the flu vaccine during outpatient hours weekly through the end of the year.

What: Flu vaccination

When: Every Thursday from 11am to 12 noon

Where: Outpatient Heath House office. To sign up, call ext. 5110 – Orlando Egoc, RN, Resident Service Specialist

If you are visiting a resident of the Meadows, we are still requiring that masks be worn while entering – while visiting the mask is optional but must still visit in the resident's room and no more than two visitors at a time. We have now added screening kiosks at the entrances to three of the households in order for visitors to park in front of the household they are visiting without stopping at the administration building.

While you can still enter the administration building to be screened, we now have additional screening kiosks available in the entry areas of

- Laurel Place (for Laurel and Juniper households), (sub-acute)
- Willow Terrace (for Willow and Hickory households),
- Chestnut Way (for Chestnut and Balsam households).

This will allow you to park closer to the household you are visiting, screen there and proceed to visit.

At the vestibule, please approach and complete all the screens on the kiosk. (temperature scanning, touchless response to questions, ID verification and answer COVID 19 informed consents). Please do not walk through units other than the one you are visiting.

- The kiosk will generate a visitor pass tag with name, and present date.
- The visitor then calls the phone number posted at the unit for entry.
- The unit secretary/ designee/ staff will then release the door to allow them to enter and visit.

This process should make it easier to visit, and for parking purposes.

I did also want to include a resource to receive free at home COVID tests – they are very easy to do and are handy to have available if you start feeling unwell. If you click on the link below you can fill in your name and address and choose up to 4 tests to receive, and they will be mailed to you. The site will note that

some may show an already expired date, but the expirations have been extended in most cases for 18 months, so they are still usable.

<https://www.covid.gov/tests>

November 30, 2023: Mary Ellen Bove Memo

We have been notified by the local department of health that we are out of our outbreak, so we can revise our masking rules. Effective today, we are no longer requiring masks to be worn at all times. Staff DO need to continue to wear masks when providing direct care to residents or if you are doing some other activity with a resident and are going to be closer than 6 feet for more than 15 minutes. Please ask your supervisor if you have any questions. We hope to stay out of an outbreak, but we know how it goes, so we will enjoy it while we can, and understand that we may have to return to a masking protocol again down the road.

Thank you for following our protocols and working with us to keep everyone healthy.

December 27, 2023: Mary Ellen Bove Memo

The levels of positive COVID-19 cases has recently increased, particularly with the gatherings that occur during the holidays. Over the past few days, we have had a few staff, and 3 sub-acute residents who have tested positive.

We are now asking staff to once again wear masks at all times while working on both sides of the campus, to continue to curb the potential for exposure at this time. We are not requiring residents in the independent areas to wear masks, unless visiting a licensed area of the campus.

If you do wish to see someone in the Meadows or Mayflower House, please, when visiting, continue to screen when you enter, wear a mask, or ask for one if you forgot yours, and please do wear it during your visit. If the person you are visiting is on any type of isolation precautions, please see a nurse if you are unsure of what to do prior to entering the room. These precautions are our best methods of keeping everyone safe and healthy, which is always our primary concern.

February 24, 2024: Mary Ellen Bove Memo

Earlier today it was noted that five residents in Mayflower House were exhibiting minor cold symptoms. They were tested and were positive for COVID -19. As a result, we tested all residents of Mayflower House, and staff working there. No staff were found to be positive, and 7 residents in total are positive. As a result of this, we will be putting some precautions in place to stop the spread.

All residents, regardless of COVID status, will be served meals and have activities in their rooms for the next 7 days. Residents who are positive will remain in their rooms and be asked to wear a mask while receiving staff assistance.

For residents who are negative, if they leave their room to go for a quick walk, we will ask them to wear a mask. Residents who have tested negative may leave Mayflower House to go out with family as they would normally. Families of residents are allowed to visit, regardless of the resident's Covid status. When visiting a resident who is positive, family will be asked to wear appropriate personal protective equipment (PPE) which we will provide. If you are visiting a resident who has tested positive, please stop at the nurse's desk prior to visiting to ensure all protective equipment is available to you before entering your loved one's room. If visiting a resident who is negative, please continue to wear a mask while visiting.

Please screen when entering Mayflower House and please do not visit if you are not feeling well. We will keep you informed of any new cases or further precautions.

We thank you for your continued support and cooperation. You can call the nurse's station at 908-684-5111 if you have any questions or email me if I can be of assistance.
(mebove@heathvillage.com)

*IL = Independent Living

*HH = Heath House

*MFH = Mayflower House

*HCC = Health Care Center

About Heath Village Retirement Community:

A full-service retirement community, Heath Village offers 154 independent apartments, a 10-unit cottage community, 38 hotel-style studio apartments, a 39-bed residential health care facility and a 99-bed comprehensive skilled nursing center. Heath Village is a not-for-profit organization which was founded in 1966.