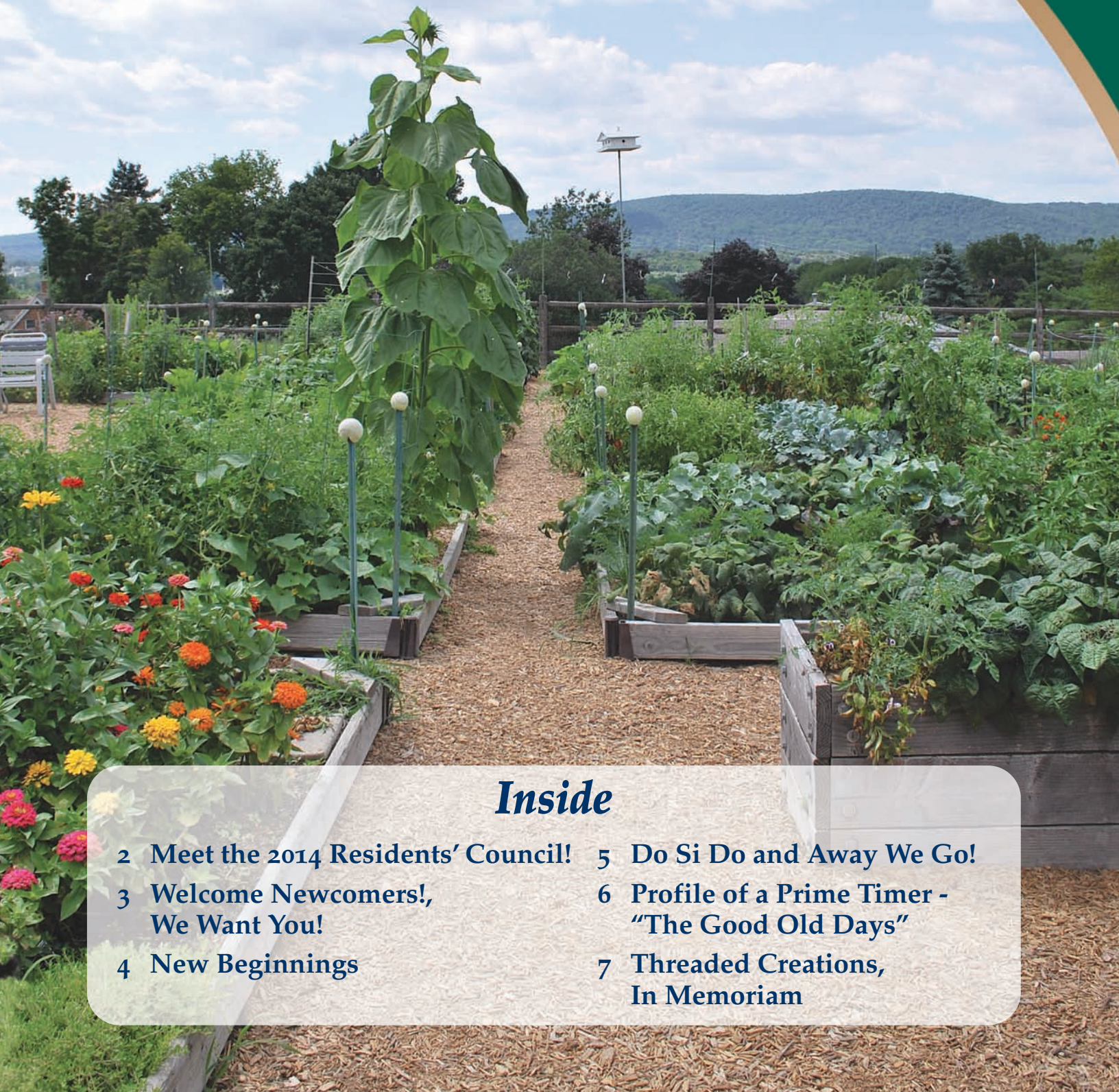


HEATH VILLAGE

VOICE

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MEET the 2014 RESIDENTS' COUNCIL!

Your Residents' Council's mission is to serve as a liaison between the Residents, Executive Director and the Board of Trustees in all matters pertaining to life at Heath Village, and shall work for the general improvement of the life of the Residents of Heath Village. If you have not met each of these individuals, be sure to say hello the next time you see them around campus! They are here to help YOU!

Front Row (L-R): **Elizabeth Myers**, *Newcomers*
Barbara Cardinali, *Friendly Visitors*
Franklin "Skip" Vilas, *President*
Richard Dole, *Secretary*

Back Row (L-R): **David Taylor**, *Resident Liaison to the Board of Trustees*
George Dietz, *Treasurer*
Richard Kennedy, *At-Large*
George Lewis, *Maintenance and Operations*

Missing from photo: **Libby Dicker**, *Vice President & Dining Services*
Carmela Giangola, *Special Events*

Heath Village Voice
Heath Village
Hackettstown, NJ
908-852-4801

Editorial Staff:
Janice Cipriani
Maggie Garatty

Welcome Newcomers!



Sitting (left to right):

Mrs. Barbara Hall

Mrs. Mgalina "Lena" Rowe

From: Chatham Township, NJ

From: Rockaway, NJ

Standing (left to right):

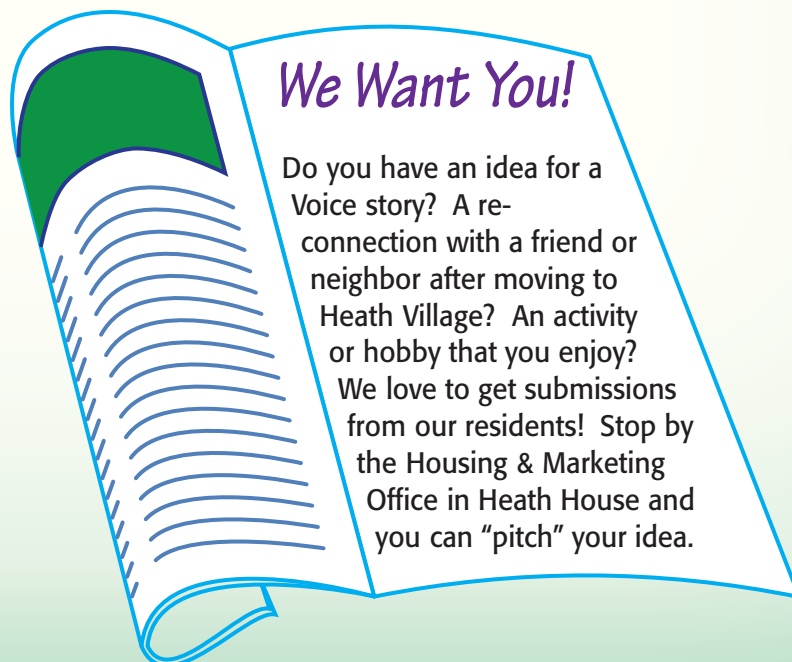
Mr. Michael & Mrs. Rachel Aron

From: Flemington, NJ

Missing from Photo:

Rev. Alex & Mrs. Clare MacDonell

From: Union, NJ



New Beginnings...

Construction of the new Heath Village dining and lounge areas, game room and media room began in January and is moving at a fast pace – even with all the snow we’ve seen! It’s so exciting to see the phases of construction. Residents can view the inside areas being renovated through “windows” that the crew has placed along the concourse. The construction team members have made friends with our residents and they are happy to stop and chat about the “goings on”. Here are some photos of the construction over the last few months! After this long, cold winter we are all ready for the unveiling of these new spectacular spaces... We promise it’s coming soon!

Story & photos: Maggie Garatty





Do Si Do and Away We Go!

Over the years, line dancing has become a favorite pastime for seniors, as well as a great way to exercise! Residents of Heath Village constantly give their "suggestions" to the Activities Department, and line dancing is a recurring one. Many residents have been involved with square dancing and/or line dancing groups before they moved to Heath Village. We have seen several square dancing groups entertain us for special events and our annual Family Day.

In February, our Fitness Instructor kicked off bi-weekly Line Dancing classes. They have been a huge success bringing between 12 and 15 residents – sometimes more! You don't have to know the steps and it is very low impact exercise. Residents learn new steps during each class and build on the routines. If a resident needs a break, they can just sit down and watch.

For our annual Valentine's Day party, we invited the Kittatinny Rangers of Newton to perform a square dancing demonstration for our residents. The Rangers came in full costume and encouraged our residents to "try their foot" at square dancing. Many residents filled the Auditorium – some watched from the "sidelines" but many got right into the swing of it!

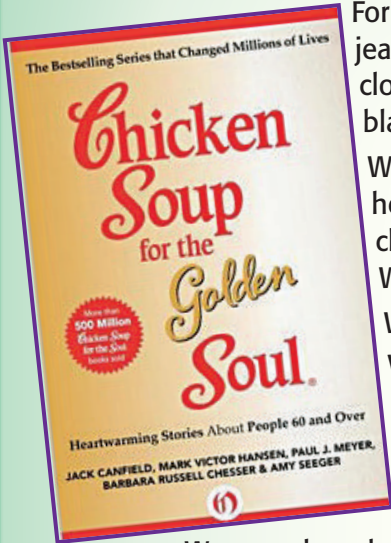
Whether you want to learn to sashay or promenade, the Heath Village Auditorium is the place to be! Come out and give it a "twirl" or just come to watch! It's a great way to keep fit for both men and women.

Story & photos: Maggie Garatty

Profile of a Prime Timer - “The Good Old Days”

We true prime-timers were here before the Pill, the population explosion and disposable diapers. We were here before we were called “senior citizens.”

We were here before TV, penicillin, polio shots, antibiotics and open-heart surgery. Before frozen food, nylon, Xerox, radar, fluorescent lights, credit cards, ballpoint pens, Frisbees and fiber optics.



For us, time-sharing meant togetherness, not computers or condos. Coeds never wore jeans. Girls wore Peter Pan collars. We were here before panty hose and drip-dry clothes, before icemakers and dishwashers, clothes dryers, freezers and electric blankets. Before men wore long hair and earrings and before women wore tuxedos.

We were here before Ann Landers, Grandma Moses and the Kinsey Report. We were here before facelifts, tummy tucks, liposuction and hair transplants. We thought cleavage was what butchers did. We were here before sex changes. Before Viagra. We just made do with what we had.

We were here before computers. A mouse pad was where mice hung out. To log-on was to add wood to a fire. A chip was a piece of wood. Hardware meant hardware, and software wasn't even a word. A hard drive was a long, grueling journey. A CD was something you invested in. Windows were for looking out of. A virus was a flu bug that people caught. Backing up was what you hoped never happened to your toilet, especially when you had company.

We were here before vitamins, Jeeps, pizza, Cheerios, instant coffee, decaffeinated anything, light anything and McDonald's. We thought fast food was what you ate during Lent. If we had been asked to explain VCR, CIA, NATO, UFO, PMS, GNP, MBA, BMW, SDI, NFL, PSA and ATM, we'd have said “alphabet soup.”

We prime-timers are a hardy bunch when you think of how our world has changed, all we have learned and the adjustments we have made. I'm pretty proud of us.

Let's keep in touch. Just e-mail me, send a fax, leave a message on my answering machine or call me on my cell phone. If I don't answer, tell my voicemail you called – after the beep, leave your name, your number and a brief message, and I'll get back to you as soon as I can. If you need me quickly, call my pager. If all else fails, come on over to my house, take a seat in one of the rockers on my porch and we'll visit the old-fashioned way – face to face and in person – and let the rest of the world go by.

Story: Maggie Garatty, Marketing

Photos: Daisy Dauch, Activities and Maggie Garatty, Marketing

CREDIT:

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ABOUT THE AUTHOR:

Nardi Reeder Campion was born in 1917 in Hawaii. She was a writer, known for *The Long Gray Line* (1955) and *The Jack Paar Tonight Show* (1957). She was married to Thomas Baird Campion. She died on November 29, 2007 in Lebanon, New Hampshire, USA.

Threaded Creations



Walburga "Wally" Kreutzer is an amazing fabric artist. You would have thought she had been making these creations since she was a child; however, she just started the hobby in 1996! Heath Village residents, as well as several family members, gathered in February to see a grand needlepoint display showcasing many different subjects.

As a child growing up in Otigheim, Germany, she watched her mother for years and learned to needlepoint but never created her own pieces. Over the years, she also learned to sew, knit and crochet. When Wally and her husband retired and moved to a Tom's River active adult community, she joined a needleworkers' group and was "hooked"! She has created many pieces for her children, their spouses and

her 15 grandchildren. Finally, she decided it was time to make one for her husband. While on a trip to Ireland in 2000, she found the perfect kit. It was one of Mozart with many colors and brilliant features. Wally asked the store clerk to gather the necessary yarn to make the extravagant piece. Once back in the United States in April, she worked tirelessly to finish it... in December – just in time for Christmas! She admits that this is the needlepoint that she is most proud of.

Wally no longer does needlepoint, however she continues to create wonderful hats and blankets and enjoys other numerous hobbies at Heath Village.

Story & Photo: Maggie Garatty



In Memoriam

Steffi Kremer	12/06/13	Roy Graba	01/04/14	Elizabeth Feldhusen	02/12/14
Isabelle Worthing	12/13/13	Hazel Geshner	01/04/14	Ruth Birnbaum	02/12/14
Rose Tockstein	12/16/13	Gertrude Fisher	01/05/14	Janet Buck	02/27/14
Valerie Mc Ghie	12/22/13	Solveig Peterson	01/09/14	Ronald Eates	03/06/14
Thompson Boys	12/28/13	Marie Springstead	01/19/14	Ruth Harrison	03/08/14
Maureen McKeith	01/01/14	Georgiana Delahaye	01/27/14	Margaret Dauernheim	03/17/14
Mary Kay Sutton	01/03/14	William Wooding	02/06/14		

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The Friendship Fund Charitable Gift Annuity

Making an annuity gift: You irrevocably transfer money or securities to our Friendship Fund. In exchange, we pay you (and another, or a survivor, if you like) a fixed amount annually for life. In effect, your transfer is doing two things -making a charitable gift and purchasing a fixed income for life.

Income tax benefit: You get an income tax charitable deduction in the year you make your gift. If you let us know your date of birth and the amount of your contemplated gift, we can calculate your deduction.

How annual payments are taxed: A large portion of each annuity payment received is tax-free. The tax-free amount is fixed at the outset and remains constant for the period of your life expectancy.**

The rate of return is attractive and guaranteed for life - without investment worries or responsibility.

Rate Examples: One-Life Annuity Rates Eff. 01/01/12

Age**	Rate
75	5.8 %
76	6.0 %
77	6.2 %
78	6.4 %
79	6.6 %
80	6.8 %
81	7.0 %
82	7.2 %
83	7.4 %
84	7.6 %
85	7.8 %
86	8.0 %
87	8.2 %
88	8.4 %
89	8.7 %
90+	9.0 %

The Friendship Fund Charitable Gift Annuity is a wonderful opportunity for giving, as it benefits the donor as well as residents of Heath Village. We hope that you will discuss this opportunity with your legal or financial counsel.

If you would like a private information session, feel free to make an appointment with Patrick E. Brady, Chief Executive Officer.

Enjoy campus life at **HEATH VILLAGE** A UNIQUE RETIREMENT COMMUNITY

Independent living in one of the 190 garden-type units ranging in size from studio apartments to two-bedroom cottages. Dining and meal plans are optional.

Hotel-style living in **Heath House** where meals, housekeeping and linen services are included.

Mayflower House is a residential health care facility with 24 hour staff, meals, housekeeping, laundry, medication monitoring all included in the monthly cost.

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