

# HEATH VILLAGE VOICE

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# Our Souls are Fed with Needle & Thread Heath Village's Needleworking Group

The members of our needleworking group have loved some form of knitting, crocheting or needlepoint for decades, some of us since we were 8 years old! We first learned to sew as a life skill. Then, this art form took on a life of itself and we all became sewing enthusiasts.

We find stitching therapeutic and relaxing. It is our "mindful sewing." It helps to stimulate our minds and sustain great hand-eye coordination. We not only keep our hands busy, but we engage in wonderful conversation as well. It is our social hour.

We share our passion for sewing by donating pieces to certain groups in need. Many years ago, St. James Church right here in Hackettstown, was searching for knitters to donate hats, scarves, vests and gloves during Christmas time to The Seamen's Church Institute in Port Newark, NJ to assist the mariners when they are out to sea. We get our hands busy every year and "sew-n-send" cozy, warm clothes for when the ships dock in Newark. We also work with the organization Online Angels Charity in PA, where we donate knitted 8" fabric squares. Online Angels pieces the squares together to form afghan blankets, which we lovingly call "loveghans". They then facilitate the delivery of our donations across the country to children and veterans who have lengthy hospital stays and across the world to military in Afghanistan. We also ship boxes of sweaters, hats and blankets to World Vision International to assist in the care of displaced children across the globe.

Having the ability to continue our passion for knitting as a group and the opportunity to help so many in need around the world is wonderful. It is so enriching for us, and we are elated that we found one another at Heath Village.

*"Knitting is our therapy. I look forward to our weekly needleworking group and you can always find us every Friday in our special place in the lounge in Heath House busy knitting, talking & laughing away. We're always looking for new members and embrace knitters of all skill levels, even first-timers. It's great to learn something new!" ~ Pat Taylor*

*"I learned how to knit at the age of 8. My older sister who taught me was left-handed, so I began to knit with both hands and discovered my projects went faster and more easily with my left hand. Sewing keeps my mind and hands busy and has become such an important social connection for me the last few years." ~ Kathie Herling*

*"I love to knit. It challenges me and keeps me occupied and I hope others will benefit and enjoy the fruit of my labor." ~ Olga Griminger*

*"Knitting is a great hobby filled with joy for the finished piece. It is also extremely rewarding to knit for charity, to know that your efforts help someone in need." ~ Jody Teaze*

Article by: Pat Taylor, Kathie Herling, Olga Griminger & Jody Teaze

Photos by: Housing & Marketing Services



Residents preparing a shipment of knitted fabric squares for donation to Online Angels Charity



Pictured Left to Right: Jody Teaze, Kathie Herling, Olga Griminger & Pat Taylor

Heath Village Voice  
Heath Village  
Hackettstown, NJ  
908-852-4801

Editorial Staff:  
Melissa Nichols  
Kara Olsen



# Keeping “Tree Day” Alive at Heath Village

The Latin word for tree is arbor and true to its name, Arbor Day celebrates the preservation and planting of trees. Arbor Day has been a time-honored tradition at Heath Village since 1974...almost 50 years!

Our Arbor Day ceremony took on greater significance more than 30 years ago when the students from the Friendship Center became a part of this annual celebration. This year was no different. Each child took a shovel of soil and placed it at the base of this year’s tree, a *Winter King Hawthorn*, which we planted in our upper campus close to our nature trails. The students enthusiasm as they shoveled the dirt was contagious and it truly made our day all the better.

This year was both chilly and blustery but even as we all braved the cold, we couldn’t help but be reminded of the importance of this day and the need to replenish trees and initiate new growth on our campus. We, as a community, are grateful for our Grounds Department for their hard work in taking care of these trees. It was an honor for me to speak at our ceremony event, during which Rev. Skip Vilas gave the invocation and Mary Ellen Bove provided the closing remarks.

*Article by: Frank Hinchy, President of the Residents’ Council*

*Photos by: Activities Department*



*Mary Ellen Bove, CEO/Executive Director of Heath Village pictured with Friendship Center students who are also children of Heath Village employees.*



*Frank Hinchy, President of Residents’ Council with Jennifer Jensen, Director of The Friendship Center providing the opening remarks.*



*Residents with their Friendship Center pen pals.*





# The ‘Orient Express’

The ‘Orient Express’ is a real train, I promise! I know first-hand as I have been on this iconic train.

I was thrilled when I learned that Heath Village was taking a road trip to the Papermill Playhouse theater in Millburn, NJ to see Agatha Christie’s well known story *Murder on the Orient Express*. The story was adapted perfectly for the stage. I had a feeling this play would bring back many magical memories for me of my brief but meaningful time on The Orient Express, which I happily shared with the other residents who joined me for the show.

The Orient Express along with the story, *Murder on the Orient Express*, both have a long history in our society. The Orient Express embarked on its first journey back in 1883 leaving Paris and traveling to Vienna. This famous train is the setting for *Murder on the Orient Express* which was first published in 1934.

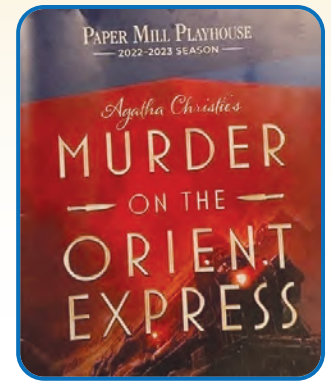
My husband Ray and I traveled on the Orient Express back in 2007 while we traveled through Europe. We anxiously waited to board the Venice-Simplon Orient Express which uses refurbished carriages dating back to the 1920s Orient Express train. The line was very long, and we didn’t know if we would be able to board the train. We were the last ones in line and an attendant approached us and asked if we would like to ride in our own private room! We jumped at the opportunity. I remember how luxurious the dining & bar area were, decorated in these rich burgundy colors and the seating area was extremely comfortable. The gift shop was amazing and I fell in love with a beautiful pearl necklace, along with other pieces of jewelry displayed in the shop.

Moving on to our private room, we enjoyed our drinks – an old fashioned for myself and a single malt scotch for my husband – while we took in the beauty of the Alps while it was snowing. We were able to spend five glorious hours on board and I later found out my husband snuck off to the gift shop and purchased the gorgeous pearl necklace I admired earlier. It is such a meaningful momento of our time on the Orient Express together, which was the trip of a lifetime.

I wore the necklace when we went to the Papermill Playhouse for the show, and it was a big hit with my fellow residents. I’m so grateful for this experience and for all the unique trips our Activities Department coordinates for us within and outside of the fine arts. It is part of what makes living at Heath Village so great!

*Article by: Beverly Lalley*

*Photos by: Housing & Marketing Services and Activities Department*



*Bev Lalley wearing her ‘Orient Express’ pearl necklace*



*Pictured Left to Right: Despina “Desi” Samaras, Beverly “Bev” Lalley and Josephine “Jo” Yuresko*

# Remembering Our Fallen Heroes Heath Village's Memorial Day Ceremony

This year Heath Village held our 3rd Annual Memorial Day Ceremony. As with previous years, I had many residents volunteer to knit hand-made crocheted poppies. The residents made more than 200 poppy flowers which were displayed in the vestibule, lobby and on our large poppy blanket which is part of our *Wall of Remembrance* display outside of the Auditorium. Each poppy represents a life lost in war time – man, woman or animal. Red represents our veterans and purple represents animals. Poppy pins were once again sold in our Activities Department, and we collected close to \$300 this year. All the monies raised will be donated to the Friendship Fund.



Every year I pick a topic that I feel would interest the residents and this year was *Women in the Military*. While doing my research, I learned about some amazing women during wartime, such as Grace Murray Hopper who was in the United States Navy. Grace was a leading computer engineer and helped detect torpedoes during World War II. Also Ruby Bradley, a nurse who was a prisoner of war that delivered thirteen babies and hid her food rations to provide them to other captives while she was in captivity herself. We also touched on the fact that for a long-time, woman did not have the same rights as men in the military even though they were out on the battlefields fighting side by side. Thankfully due to changes in our military, men and women are now nearly equal in how they can serve their country and the recognition they receive.

Rolling Thunder Chapter 3NJ which is a non-profit organization who advocates for Prisoners of War (POW) and the Missing in Action (MIA), assisted me with giving the lecture and provided us a "Missing Man" table display which recognizes POW/MIA military. I believe everyone who attended the ceremony was astounded at the bravery and commitment women in our military have and continue to demonstrate.

It is my hope that by putting a visual aspect to the number of men, women and animals that lost their lives during wartime, folks will truly see the cost of our freedoms. During Memorial Day weekend, many enjoy the sales, a trip to the beach, family picnics and the three-day weekend, but it is also so important to take a moment to remember those who made the ultimate sacrifice.

*Article by: Genevieve Bucher*

*Photos by: Activities Department and Housing & Marketing Services*



*Pictured to the Left: Genevieve Bucher, Activities Coordinator, with her daughter Gracie. To the right are members of the Rolling Thunder Chapter 3NJ Organization.*



# Small Town America



A few days before Memorial Day, word went around that Heath Village had been invited, for the very first time, to take part in the Hackettstown Memorial Day Parade, hosted by the American Legion Post 164.

With short notice, Heath Village staff members Patricia Cristo, Housing Coordinator and Mindy Wyker in our Maintenance Department, agreed to give up their holiday to coordinate this event. Several of our very own veterans along with their fellow residents happily signed up to participate in this annual small-town tradition held right here in our backyard.

Early morning, we all jumped on the Heath Village bus and made our way to our place in the line-up. During the parade several of us marched alongside the Heath Village bus while others enjoyed the parade from inside it. The sidewalks of Main Street were crowded with people, including some residents and staff members unable to join on the bus, who applauded us as we waved flags and told everyone that we were "Heath Village Strong." All around it was a wonderful experience to be able to be a part of this fun and a meaningful tribute to veterans. It was a true snapshot of small-town America at its absolute best. We can't wait to do it again next year!



Article by: Tavia Brown  
Photos by: Housing & Marketing Services

## Newcomers

Joyce Bryson,  
from Wanaque, NJ  
to Apt. 30

Albert Garcia,  
from Morristown, NJ  
to Apt. AB 19/20

Brian Heiser,  
from Newton, NJ  
to Apt. 135

Judith "Judy" Letwink,  
from Westfield, NJ  
to Apt. AB 17/18

Rita Papke,  
from Jefferson, NJ  
to Apt. 28

Carol Pierce,  
from Bloomington, IN  
to Apt. 34

Patricia "Pat" Zimmerman,  
from Mendham, NJ  
to Apt. 248

Robert "Bob" Zimmerman,  
from Mendham, NJ  
to Apt. 248

# Women Celebrating Women ~ Heath Village's Women's Association Spring Luncheon

Our Women's Association Spring Luncheon is a beloved and a highly anticipated annual event. The women of Heath Village look forward to gathering to connect, break bread and share in the abundance of our community.

This year the association added a twist to the event by inviting our CEO/Executive Director Mary Ellen Bove to provide a history about our village where she also initiated the very first Heath Village trivia game with some rather difficult questions! But our residents didn't get stumped and the first to guess the correct answer won a prize!



For example, one question was: How did Heath Village get its name?

*Answer: It was named after the Heath family who came to Schooley's Mountain in 1979. Joseph Heath had built a hotel – Heath House – and it was the start of what was to become the fashionable Schooley's Mountain Resort in the 19th Century. Heath House grew so big that it could accommodate 300 guests. In 1830 John Heath opened a general store – the one that still exists today as the Schooley's Mountain General Store - and is known as the oldest general store in the state.*

Mary Ellen also shared some fun facts about our community.

- In December 1966, the Residents' Council was formed.
- In March 1967 – the first Garden Club meeting was held.
- In September 1967 – the Village Shop opened.
- In November 1967 – the Heath Village library opened.
- In February 1968 – the first edition of the Voice (then known as the Heath Village newsletter) was published.

It was a perfect afternoon together where we all learned something new about Heath Village! We are so grateful that the Women's Association hosts this event yearly!

*Article by: Housing & Marketing Services*

*Photos by: Housing & Marketing Services*



*CEO Mary Ellen Bove playing Heath Village Trivia with the residents!*



*Resident Pastor Pat Bruger offering a blessing of the meal pictured with Beatrice Lake, Women's Association President*



## In Memoriam

**Jean Baird**  
**Evelyn Curry**  
**Don Buck**  
**Arlene Carnachan**

**5/10/23**  
**5/10/23**  
**5/27/23**  
**6/3/23**

**Margaret "Peggy" Pfaff**  
**Judy Samuelson**  
**Michael Demkowitz**

**6/14/23**  
**6/17/23**  
**6/23/23**

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Celebrate Summer at Heath Village! Call 908-684-5009 today to schedule a tour of our beautiful campus or register for a Village Luncheon. Like & follow us on Facebook to stay up to date on all the activities at Heath Village.

## The Friendship Fund Charitable Gift Annuity

**Making an annuity gift:** You irrevocably transfer money or securities to our Friendship Fund. In exchange, we pay you (and another, or a survivor, if you like) a fixed amount annually for life. In effect, your transfer is doing two things -making a charitable gift and purchasing a fixed income for life.

**Income tax benefit:** You get an income tax charitable deduction in the year you make your gift. If you let us know your date of birth and the amount of your contemplated gift, we can calculate your deduction.

**How annual payments are taxed:** A large portion of each annuity payment received is tax-free. The tax-free amount is fixed at the outset and remains constant for the period of your life expectancy.\*\*

The rate of return is attractive and guaranteed for life - without investment worries or responsibility.

Rate Examples:  
 One-Life Annuity Rates  
 1/1/2023

Age**	Rate
75	6.6 %
76	6.8 %
77	7.0 %
78	7.2 %
79	7.4 %
80	7.6 %
81	7.8 %
82	8.1 %
83	8.3 %
84	8.5 %
85	8.7 %
86	8.9 %
87	9.1 %
88	9.3 %
89	9.5 %
90+	9.7 %

The Friendship Fund Charitable Gift Annuity is a wonderful opportunity for giving, as it benefits the donor as well as residents of Heath Village. We hope that you will discuss this opportunity with your legal or financial counsel.

## Enjoy campus life at HEATH VILLAGE A UNIQUE RETIREMENT COMMUNITY

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Hotel-style living in **Heath House** where meals, housekeeping and linen services are included.

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